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Vol. 15, No. 46

From the Beaches to the River District downtown Fort Myers

NOVEMBER 18, 2016

Sand Sculpting Returns To Beach

The 30th annual American Sand Sculpting Championship is returning to Fort Myers Beach November 18 through 27. The festival tent is open from 10 a.m. to 5 p.m. each day.

The largest sand sculpting event in Florida will once again be at the Wyndham Garden Hotel, located at 6890 Estero Boulevard. Attendees are encouraged to arrive from the south in order to avoid traffic congestion. Event directors have coordinated a revolving bus system to transport attendees from the Lover's Key parking area to the site.

Master sand sculptors will return to Fort Myers Beach and ply their craft and showcase their artistry in what USA Today and CNN Travel have named a must-see and one of the 10 best sand sculpting competitions in the world.

"This year, we celebrate our 30th year," said Fort Myers Beach Chamber of Commerce President Bud Nocera. "Each year, this event has gotten better and this year's event will be the best yet."

Tourists and residents will have the opportunity to see a collection of some of the world's best sand sculptors craft amazing works. Featuring sculptors from around the world, there will be a singles



Bruce Phillips' *Transition* captured first place in the Master Solo Division in 2015

photo by Bob Petcher

competition the first week, followed by the doubles competition the second week.

This year, the sculptors represent six different countries and over 10 states. Collectively, they hold over

400 competition medals (40 from this event) and many of them are World Champions.

The 2016 Solo Master Sand Sculptors are:

- Melineige Beauregard – Canada

- Joris Kivits – Netherlands/Portugal
- Paul Hoggard – England
- Remy Hoggard – Bulgaria
- Bruce Phillips – California
- Greg Grady Jr. – New Hampshire
- Delyane Corbett – Canada
- Craig Mutch – Canada
- Walter McDonald – Texas
- Brian Turnbough – Illinois
- Abe Waterman – Canada
- Steve Topazio – Rhode Island
- Todd Pangborn – New York
- Maxim Gazendam – Netherlands
- Wilfred Stijger – Netherlands
- Bill Dow – Montana

The 2016 Doubles Master Sand

Sculptors are:

- Melineige Beauregard and Joris Kivits – Canada and Portugal
- Paul Hoggard and Remy Hoggard – England and Bulgaria
- Delyane Corbett and Craig Mutch – Canada
- Bruce Phillips and Maxim Gazendam – California and Netherlands
- Walter McDonald and Bill Dow – Texas and Montana

There will be many interactive activities for guests to partake in including:

- More than 40 Sand Sculptures
- Quick Sand Speed Sand Sculpting
- Photo Opportunity Sculptures
- Kids Zone

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Paint The Beach Adds Color To The Community



David Belling with *Shrimp Shack II*

photos by Bob Petcher

by Bob Petcher

The annual Paint The Beach Festival was a hit – the seventh in a row for the weeklong plein air competition that finished with an awards gala under a tent in Santini Marina Plaza on Fort Myers Beach on November 11.

Paint The Beach involved 59 artists from across the country coming to Fort Myers Beach to create landscape artwork with oil, pastels, watercolors and other painting mediums in the open air. Scenes included beach views, historic buildings,

beach businesses and marine subjects.

Last Friday, participating artists began to sell their pieces while judge Larry Moore placed winning ribbons on deserving art.

In the Juried Division, David Belling captured first place and \$1,000 with *Shrimp Shack*, Neil Walling placed second and collected \$750 with *Solitude*, Kathleen G. Taylor took third and \$500 with *Bowditch*, while John Sanchez was given a merit award and a \$130 gift certificate for *Vacation Home*. Four honorable mentions went to Fran Mangino (*Old Boat*), Michele Buelow (*Sundown*), Barb Valentine (*Surfside Morning*) and Julie Nusbaum (*The Early Show*).

In the Emerging Division, Sherry Collier (*Sunrise: San Carlos Island*) gained top honors and \$700, Lynne Wesolowski (*Junkanoos' Blues*) placed second and collected \$550, Patricia St. Onge (*Alley in Fort Myers Beach*) took third and \$250, while Kelli Mason Bowles (*Holiday Court – Old School*) was given a merit award and \$130 gift certificate. Honorable mentions went to Floyd Lawrence (*Looking Towards Sanibel*), Mary Klunk (*Purple Shadow*), Sharon Yarbrough (*Shady Lane*) and Tom Crosby (*Sunset For Fort Myers Beach?*).

The festival also included two Quick Draw competitions, a timed event at Times

continued on page 7



Neil Walling with his winning work *Solitude*, below

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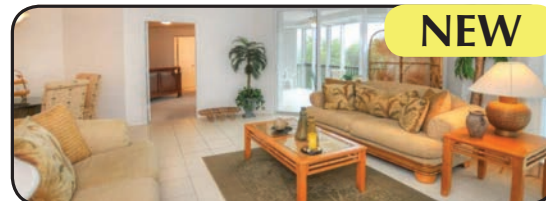
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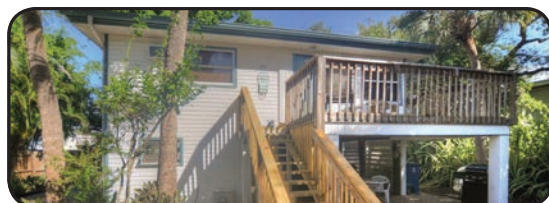
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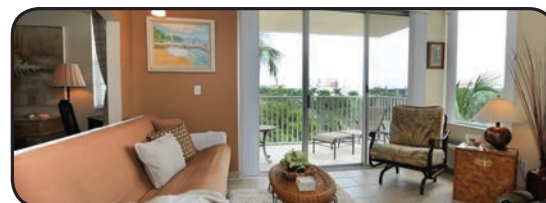
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MLS#216066219 \$479,000

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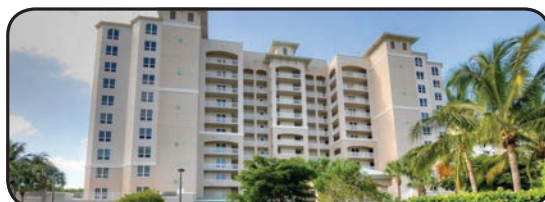
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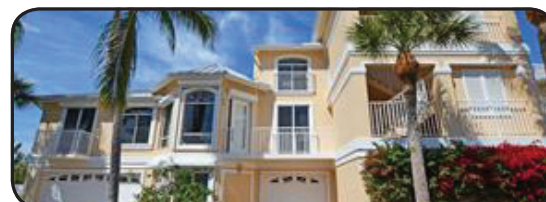
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STUNNING PANORAMIC VIEWS



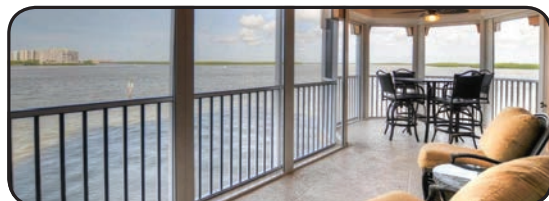
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Historic Downtown Fort Myers, Then And Now:

Room For You And Your Car At St. Charles



by Gerri Reaves, PhD

Pictured in the late 1940s is the Jackson Street entrance to the St. Charles Hotel, a boom-time hotel sporting twin entrances on Jackson and Lee.

The three-story brick structure stood roughly mid-block between Second Street and Anderson Avenue (today Martin Luther King, Jr. Boulevard) and spanned the property between Jackson and Lee.

Note the many slatted wooden chairs lined up, seemingly waiting for tourists hoping to soak up some Florida sunshine. The cigar store signage (left storefront) advertises candies and Tampa cigars.

The half-moon awnings over the side corner entrances and the center door are probably the hotel's most distinctive exterior architectural feature.

However, it also had another uncommon feature – at least in Fort Myers: a first-floor interior garage book-ended by the twin entrances.

The hotel was ahead of its time, and very urban, in focusing on the new car-centered culture.

Early 1930s advertisements stressed this hotel amenity: “storage garage directly connecting with lobby.” Also, note the words “garage connection” along the bottom of the sign in the photo.

A long connecting second-floor passageway extended over that garage that accommodated approximately 80 cars. Valet service was also available.

An auto sales and service business was conveniently located next to the entrance on the Lee Street side.

Mike, Rocco and JW (Willie) Pavese started construction of the 64-room hotel in late 1925. Costing \$182,000, it opened in 1926 as the Hotel Seminole.

Alas, it suffered the fate of many businesses that experienced the economic double-whammy of the 1926 hurricane and the onset of the Great Depression. The Pavese brothers lost the hotel, but it soon reopened as the St. Charles Hotel.

One change – the spacious, attractive lobby was divided into individual storefronts, which over the years housed a variety of businesses, including a vacuum-cleaner shop, a lithographer, a beauty shop, a used clothing shop and an Asian restaurant.

A circa-1933 ad echoes what



The St. Charles Hotel Jackson Street entrance, pictured in the late 1940s. On the far left is Como Apartments (later Webb Apartments). It is now a church building

photo courtesy Southwest Florida Historical Society



Today, a church activity center spans the property where the St. Charles Hotel once stood

photo by Gerri Reaves

local hotels still tout. First the basics, “large attractive lobby, clean comfortable rooms, and excellent service.” As for location, the hotel is “convenient to golf course, beach, hunting, fishing and Municipal Recreation Park” (aka City Park, the seed for today's Centennial Park).

The ad summed up the appeal with the question, “Why not select the St. Charles as your winter address?” and the assertion, “more value for your hotel dollar.”

It was also a popular place for civic and social events, such as high-school banquets and special luncheons. Notably, in 1930, Mina (Mrs. Thomas A.) Edison spoke at the Business and Professional Women's Club Banquet honoring M. Flossie Hill, legendary local businesswoman and civic activist.

The St. Charles Hotel building lasted into the mid-1980s. However, in the mid-1960s, the First Baptist Church (now CityGate Ministries) began using the former garage as an activity center, buying the property in 1968 from the Baptist Foundation of Fort Myers and replacing the entire old hotel with the extant activity center in the 1980s.

Walk down to the spot where a sturdy brick boom-time hotel made its own unique statement for the city's tourism industry.

If you want to know more about the many hotels that fostered the tourist industry, visit the following two research centers.

The Southwest Florida Historical Society is an all-volunteer non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are 10 a.m. to 4 p.m. Wednesday through Friday.

For information, call 332-8778 or visit leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society; *Fort Myers News*; *Fort Myers Tropical News*; *Fort Myers...Yesterday & Today* by Prudy Taylor Board, Marian Bailey Godown, and Anna Rogers Pack; and *The Story of Fort Myers* by Karl H. Grismer.*

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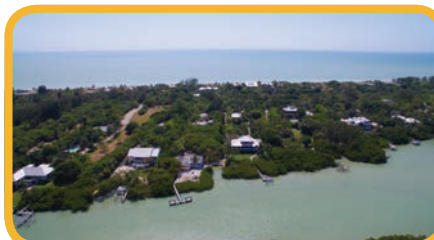
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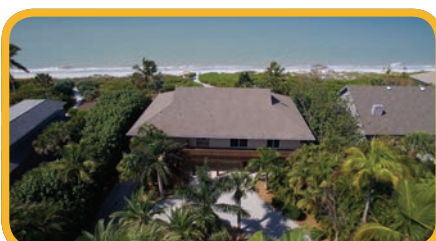
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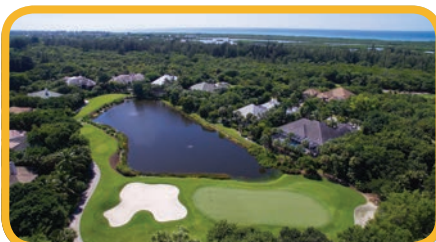
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Fort Myers Art:

Is His Work A Painting Or A Photograph?



by Tom Hall

Edward Loedding is one of the artists bringing work to this weekend's Bonita Springs National Art Festival. On first view, most people encountering a Loedding composition ask

themselves, if not the artist himself, "Is this a painting or a photograph?"

Loedding would probably bristle at being pigeonholed as a digital artist. You see, that's just medium as far as he is concerned. His art, by contrast, seeks to bridge the gap between realism and abstraction. He merely uses a smattering of digital tools to edit his photographs in order to accomplish this overarching goal. "Elements of both [painting and photography] are merged together using digital tools to form a totally new way of creating art," the artist explained on his website. "The tools I use are a digital SLR camera, computer, Adobe PhotoShop, digitizing tablet and stylus, and a modified Roland Symphony12 color printer."

Loedding's subjects include flowers and scenes of the Vermont countryside. "I choose my subjects based on geometries

that provide potential for rhythm and harmony," said Loedding. "Each piece of my art is a composite of multiple photos and additional elements that I create directly in the computer. The second step is orchestrating all of the gathered elements; deciding which elements to include and where they should be placed on the digital canvas. Once all of the pieces are in place, it's time to make them work together. I transform all of the pieces individually, changing their size, orientation, color, shadows, highlights – everything – until they form a cohesive and lyrical composition."

Once he is satisfied with the structure of his composition, Loedding is ready to begin the painting. First, he breaks down the photographic qualities of the image and reduces it to very smooth areas of color. Then, using a combination of different digital paintbrushes, he begins to reshape those areas back into focus, changing every line, every curve, every detail, making them say exactly what he wants them to say, creating a perfect balance and harmony among all of the elements in the artwork. Finally, the art is printed on canvas using archival pigmented ink, varnished and stretched. All of the images are presented as signed and numbered limited editions.

Although Loedding comes from a painting tradition, he finds that digital tools uniquely enable him to bridge the abstract/realism divide. "Abstract art is a re-creation of the process of conceptualization," Loedding points out. "It has often failed because it is spoken in a strange and personal language that offers no common point of reference to the uninitiated observer. Abstract art has been esoteric at

its best, intimidating and alienating at its worst. [At the same time], in our society, where an overabundance of imagery and information is easily accessible, realism is demoted to the status of data. Without a corresponding value judgment, its primary merit is merely its degree of accuracy... My approach is not to blur the edges of realism or sharpen the focus of abstraction, but to create a common ground where the two can meet; not as opponents coerced into an uneasy balance, but as equal partners singing a new song with one voice."

The resulting images are as layered and complex as the artist himself. "People generally don't buy my work the first time they see it – they really need to see it a couple of times before they make that decision," Loedding conceded. "And, I've been doing it long enough to understand that today's enthusiasts are tomorrow's customers."

Toward that end, Loedding returns to Southwest Florida periodically throughout its annual art fair and festival season and, in addition to finding growing acceptance by area art collectors, he is winning critical acclaim as well. Last November, he was one of 10 artists who received a coveted



Flowers are a main subject of artist Edward Loedding

photos courtesy www.artswfl

Award of Distinction at the Estero Fine Art Show at the Miromar Design Center. He repeated the feat at the Bonita Springs National Art Festival that took place on January 30 and 31, 2016.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧

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9am-1pm

Lakes Park

(New Day)

Wednesdays

9am-1pm

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Sundays, 8am-1pm

COCONUT POINT
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From page 1

Paint The Beach

Square, between adults and high school students; a Sundowner Event, a timed event in front of a setting sun in front of Junkanoo & Fresh Catch Bistro; artists demonstrations and raffles.

During each phase, the Fort Myers Beach community witnessed many easels set up along the streets and beachfronts, and the local and visiting artists (from as far away as Alaska and Austria and many points in between) were welcomed by the local businesses.

The festival is run by the Fort Myers Beach Art Association (FMBAA). It is sponsored by the Greater Fort Myers Beach Area Friends of the Arts, The Town of Fort Myers Beach, Santini Marina Plaza and Fish Tale Marina, among others.

"All around, it was a wonderful event. All of the artists enjoyed the festival. The weather was great, and the public enjoyed mingling with the artists. The Sundowner Event was extremely successful from all aspects," said Paint The Beach co-chair Michele Buelow, who chaired the event all seven years but is retiring from that position next year. "We always receive hug supports from Greater Fort Myers Beach Area Friends of the Arts and Fish Tale Marina and Santini Marina Plaza as well as all of our other sponsors."



Artwork hung for judging and sale

Proceeds and revenue from the festival goes to support FMBAA and its mission, providing workshops and shows, maintaining its facility at 3030 Shell Mound Boulevard and a scholarship fund for high school students.✧



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Thursday, Dec. 1 11 am – 9 pm
Friday, Dec. 2 11 am – 10 pm
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Sunday, Dec. 4 11 am – 6 pm



Tuesday
Nov.
29
6:00 pm - 9:00 pm

Preview Party & Wine Tasting

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Tickets \$50

www.GoodwillTrees.com or (239) 652-1613

Friday
Dec.
2
6:00 pm - 10:00 pm

Art Walk & Holiday Stroll

Enjoy the River District Art Walk, then light up first street during the Fort Myers Holiday Stroll. Join the Nowhere Band for a Beatles tribute concert on the steps of the Sidney & Berne Davis Art Center!

No Tickets Required

www.GoodwillTrees.com or www.SBDAC.com

Wednesday
Nov.
30
6:30 pm - 8:30 pm

Ugly Sweater Contest & Party

'Tis the season for tacky holiday attire! Join us for an evening of food, drink, and fun with craft beers from Millennial Brewing Co. Things will get UGLY when a panel of celebrity judges picks the most hideous holiday garb.

Tickets \$15

www.GoodwillTrees.com or (239) 652-1613

Saturday
Dec.
3
10:00 am - 6:00 pm

Santa's Block Party

Santa Claus is coming to town! Join us for Brunch with Santa from 10 am – 2 pm
Holiday Vendor Showcase from 10 am – 3 pm
And the Festival of Trees Children's Workshop from 10 am – 6 pm

Tickets and Information at:

www.GoodwillTrees.com or www.SBDAC.com

Thursday
Dec.
1
6:30 pm - 8:30 pm

Painting with a Purpose

Have a twisted good time with our friends from Painting with a Twist for an evening of art and amusement. Painting with a Twist provides all painting supplies and instructions.

No art experience is needed.

Tickets \$35

www.GoodwillTrees.com or (239) 652-1613

Sunday
Dec.
4

Tree Raffle Drawing

Sunday is your final day to get tickets for the Festival of Trees Raffle! Tickets are available every day at the Festival of Trees—we'll draw the winning tickets Sunday at 4:00 pm. You could win a tree filled with gifts!

More information at www.GoodwillTrees.com

2016 Tree Raffle
\$10/ticket or 3 for \$25
(suggested minimum donation)

Proceeds benefit The Southwest Florida Goodwill Foundation. Winner selection to be held via random drawing on Sunday, December 4, 2016 at 4:00 p.m. during the Festival of Trees at the Sidney & Berne Davis Art Center in Fort Myers. Each Festival of Trees Raffle winner will receive one of a fixed quantity of fully-decorated Raffle Trees, each valued at a minimum of \$400. Tree selection is determined by ticket holder at time of raffle entry. No purchase is necessary. Prizes are provided by the Southwest Florida

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Along The River

Bob and Frenny James will be guest speakers of the **Edible Gardening Exchange meeting** at the **North Fort Myers Rec Center** on Thursday, November 17 at 6:30 p.m. Their presentation will include growing moringa, health benefits and products that can be made with it (including recipes).

Arrive at 5:30 p.m. for an open and informal chat on edible topics. Consider bringing something to share with other gardeners (seeds, plants, a snack). Bring a cup, if you want free coffee or tea.

The North Fort Myers Rec Center is located at 2000 North Recreation Park Way in North Fort Myers.

For more information, contact Karen Harty at 610-530-8883 or KarenHarty@GrowAGardener.org.

The 30th annual **American Sand Sculpting Championships** returns to Fort Myers Beach at the **Wyndham Garden Hotel** beginning this Friday, November 18. The largest sand sculpting event in Florida will continue through Sunday, November 27. The 10-day festival runs from 10 a.m. to 5 p.m. each day.

Daily admission to the American Sand Sculpting Championship is \$7. Children 4 and under are free. Proceeds go to support local charity and Fort Myers Beach Chamber of Commerce initiatives.

The 2016 competition pits 16 professional master sand sculptors from around the world vying to become solo



The annual Edison Garden Festival returns to Edison & Ford Winter Estates

photo courtesy Edison & Ford Winter Estates

and/or doubles champion. They will be involved with 40 sculptures and 2,000 tons of sand to sculpt with. There will be contest, live demonstrations and lessons, live entertainment, vendors and kids' activities. Also, 10 advanced amateurs will compete for the first ever Advanced Amateur National Championship, along with the Florida State Championship.

The first week will be the Master

Solos and Amateur divisions. The second week will be the Master Doubles and State Championship divisions. Attendees will have the opportunity to view up to 30 works of art on display throughout the event. In all over 1000 tons of sand will be piled and sculpted.

Wyndham Garden Hotel (formerly Holiday Inn) is located at 6890 Estero Boulevard on Fort Myers Beach.

For more information, visit www.fmbandsculpting.com.

Music Walk will again provide live jazzy, bluesy, rock n' roll style tunes in the **River District** this Friday, November 18 from 6 to 10 p.m.

More than a dozen participating venues will feature music by local and regional talent. Restaurants, bars, art galleries and shops will showcase a wide range of music during Music Walk, which takes place on third Friday of each month on the historic streets of downtown Fort Myers.

Visit <http://www.fortmyersriverdistrictalliance.com/> to learn more.

This Saturday, November 19 from 9 a.m. to 5 p.m. and Sunday, November 20 from 9 a.m. to 4 p.m., **Edison & Ford Winter Estates** will hold its annual **Edison Garden Festival**. Dozens of vendors from all over the state of Florida will have exotic and tropical plants and trees, along with garden art and supplies for sale.

The Edison Ford Garden Shoppe will be open and stocked full of unusual, native and heritage plants that have been proven to thrive in Southwest Florida. Ceramic flower pots, garden art and gardening gift items will also be available. This family event will have numerous kids' activities, including photo opportunities in a Model T Ford with Thomas Edison and Henry Ford. Kids will be able to plant sprouts that they can grow at home, make corn husk dolls, get temporary flower tattoos and make Mod Podge votive candle holders with dried flowers.

The festival will also feature music and live broadcasts with 95.3 OLZ and Cat Country, plus refreshments. A specialty crafted Edison tea beer will be available for purchase.

Parking and admission to the Garden Festival is free (tours of the homes, museum and lab are not included). For more information, call 334-7419 or visit www.edisonfordwinterestates.org.

The **Symphonic Chorale of Southwest Florida** will present a series of concerts, An American Choral Tapestry, conducted by Artistic Director, Trent R. Brown. These concerts will involve a selection of American composers and repertoire in three locations, **Bonita Springs, Sanibel and Fort Myers** on Friday, November 18, Saturday, November 19 and Sunday, November 20. There is no admission charge to attend.

These special concerts are dedicated to southwest Florida veterans and groups that serve veterans in our community are being invited to have a lobby display that patrons can visit at the concert. These displays tables are free of charge to veterans' organizations that want to spread the word about their services. Patrons are encouraged to bring non-perishable food or travel-sized toiletries to be distributed to homeless veterans.

The concerts themselves will be works of art. Starting off with the brilliant Jubilant Song by Pulitzer Prize winning composer Norman Dello Joio, the concerts will feature a cross-section of some of America's best composers.

Featured works also include Frostiana, a seven-movement work of Robert Frost's poetry and the music of Randall Thompson. There is Sweet Music Here by Zachary J. Moore and Stephen Paulus's Hymn for America will also be featured.

The first concert will be held at 7 p.m. at St. Mary's Episcopal Church, 9801 Bonita Beach Road in Bonita Springs on Friday, November 18. The following night, An American Choral Tapestry will be presented at the Sanibel Community Church at 1740 Periwinkle Way, again at 7 p.m. The final concert will be offered in Fort Myers at 3 p.m. at the newly opened New Hope Presbyterian Church at 10051 Plantation Road.

For more information, go to www.symphonicchorale.org or call (230) 560-5695.

Join a bird patrol guide for a **bird-watching walk** at **Bunche Beach** on Saturday, November 19 at 7:30 a.m. Meet on the South Fort Myers beach, located at the south end of John Morris Road off of Summerlin Road.

This walk is free with a parking fee of \$2 per hour (tour is approximately two hours). Restrooms are located in the building at the first parking lot. The bird patrol walk is provided in cooperation with Lee County Parks and Recreation.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and a love of nature. For more information call 707-3015.✱

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FORT MYERS FARE

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito. 708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service. 1520 Broadway #106, Fort Myers. Call 334-6991.

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines. Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.



A seat awaits you at Island Cow on Sanibel

ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel. Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. Now serving full liquor island cocktails! 2163 Periwinkle Way, Sanibel. Call 472-0606.

LAMOTTA'S ITALIAN RESTAURANT

LaMotta's Italian Restaurant & Pizzeria was established in 1979 and is one of the longest-running family eateries in the Fort Myers area. Chef Camelo LaMotta serves traditional Italian dishes

photo courtesy Island Cow

such as chicken parmesan, lasagna, pizza and calzones as well as specialty creations like osso bucco, lobster risotto, pescatore and filet Florentine. Try LaMotta's New York-style pizza, cooked in a 500-degree oven for the perfect crunchy slice. For specialized desserts, treat yourself to cannolis and tiramisu along with a cappuccino or coffee. Summer hours include Tuesday through Friday from 11 a.m. to 9 p.m. and Saturday from noon to 9 p.m.; closed Sunday and Monday. 15660-225 San Carlos Boulevard, Fort Myers, 482-5505

SUMMERLIN JAKES

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine

prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jakes is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m. 17501 Harbour Pointe Drive, 466-5377

TERRA NOSTRA

Terra Nostra Ristorante Italiano serves classic Italian fare in the former Cork & Barrel suite in the Target center at 15880 San Carlos Boulevard. Owners Fernando and Sao Uva welcome you to their new location after spending many years on Fort Myers Beach. They bring over Chef Anthony Grandepioggia and Maitre d' Reginald Beach. The establishment seats 156 people, including outdoor dining. The mission of Terra Nostra is to serve homemade food in a restaurant environment. Try some of Fernando's hand-crafted specialties: Bouilabaisse, Chicken Monte Carlo and Penne a la Fiero. With these selections and house favorites, you will never leave hungry. Have a drink from the full liquor bar or sip from the many hand-selected wines or ports. A family atmosphere and attentive service will make your dinner a dinner to remember. Terra Nostra is open six days a week from 4:30 to 10 p.m. It is closed Tuesday until further notice. 15880 San Carlos Boulevard, Suite 110, Fort Myers, 590-8147.

To advertise in *The River Weekly News* Call 395-1213

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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)
2756 McGregor Boulevard, Fort Myers.
Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH
10291 Bayshore Road, North Fort Myers
Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH
8210 Cypress Lake Drive, Fort Myers
Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. annunciation.fl.goarch.org, 481-2099

BETH SHILOH MESSIANIC SYNAGOGUE
15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD
16581 McGregor Boulevard, 267-3166
Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX
5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE
10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus
An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS
13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH
1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH
2439 McGregor Boulevard, 334-8937
Reverned Dr. Jeffrey DeYoe, Senior Pastor
Reverend David Dietzel, Pastor Emeritus.
Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH
8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE PRESBYTERIAN CHURCH
8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH
8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES
6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to12 available.

FAITH UNITED METHODIST CHURCH
15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer.Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST
2390 West First Street, next door to Edison Estates. 10:30 a.m Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 3 p.m., Wednesday 1 to 3 p.m. www.christiansciencefortmyers.net, www.christianscience.com

FIRST CHURCH OF THE NAZARENE
13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett
Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH
Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION
5916 Winkler Road, Fort Myers, 437-4330
Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

IONA-HOPE EPISCOPAL CONGREGATION
9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER CATHOLIC CHURCH
881 Nuna Avenue, Fort Myers, 481-1143
Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH
2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH
A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER
New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarqmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH
See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS
16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH
3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH
Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship:10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH
Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH
3950 Winkler Ext., Fort Myers, 274-0143
8:15 and 10:15 a.m. Sunday Services
Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD
21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. Guided meditations, methods to relaxe body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE CATHOLIC CHURCH
12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m. Saturday 4 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

ST. FRANCIS XAVIER CATHOLIC CHURCH
2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH
3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation
Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)
3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH
3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY
Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL CATHOLIC COMMUNITY
13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH
16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE
16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Karen Kagan. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)
14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH
The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST CHURCH FORT MYERS
13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS
28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS
11120 Ranchette Road, Fort Myers
Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH (PCA)
9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Pastor: Byron West. Sunday Services: 9:30 a.m. Discipleship Classes for all ages, 10:30 a.m. Fellowship & Coffee, 10:45 a.m. Corporate Worship.

WORD OF LIFE CHURCH
2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH
7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org✠



welcomes

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by Capt. Matt Mitchell

With the winds of the past few weeks finally laying down conditions on the water where about perfect most days. Light breezes, low humidity and high

temperatures in the low 80's it just does not get any better to be out on the water. Clean clear water and super moon tides meant some of the best fishing action we have had in the last few months. Snook, redfish, trout and a wide variety of other species were all caught in good numbers this week and someday all the glamour species even came out of just one spot.

Big morning high incoming tides offered anglers a great set up. During the lower water deeper mangrove channels where the place to be then as the water got up higher oyster bars in throughout the sound came to life. Clear water made getting set up on these oyster bars easy.

Many of these bars are just covered up with 1000's of mullet right on top of the shells. Cast your bait right against the edges of these bars as well as out in the sand holes just out from the bars and hold on.

Oyster bars are a great stopping off spot and a big transition area this time of year as the fish make their way towards the back country for winter. These bars do not grow in random places, there has to be lots of current and water flow as oysters filter the water to feed and need lots of moving water to flourish. The amount of life you see on these oyster bars this time of year is just crazy.

Learning the lay out of the many oyster bar reefs in the sound takes some time but is certainly worth the effort. Generally most of these bars can only be accessed during the higher tide periods when they are hardest to navigate. Some bars are better on an incoming tide while others are best during an outgoing tide. Some of the smallest little oyster bars can be awesome fishing as it does not take much structure to create a feeding place for the fish. Target the points and drop off's on these bars along with any cuts through them that act like a fish funnel.

Fishing one favorite oyster bar this weekend with long time client Bob McGuire along with his son Tom and



Chuck Warner from Ohio with a big trout missing half its tail caught while oyster bar fishing this week with Capt Matt Mitchell

grandson Caden we had one of the most wide open bites of the week. This tiny little oyster bar out in the middle of nowhere is no bigger than 20 yards around but was stacked up with fish. For over an hour on the late morning high incoming tide we caught Snook, redfish, trout and jacks on almost every cast. When the bite slowed a little we moved down the bar a little bit and it started again. We never did manage to get that

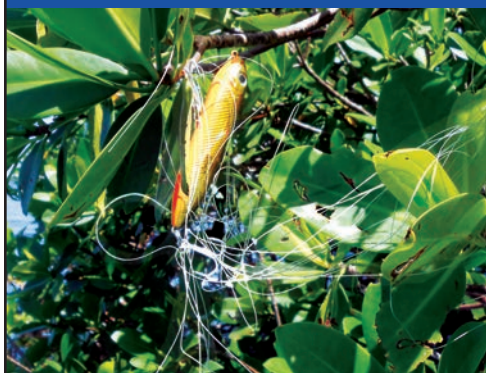
triple hook up I was working for but had more double hook ups than we could count.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✪

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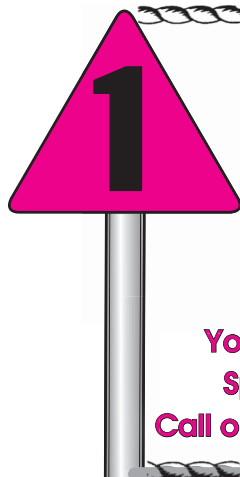
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Dave Doane

CROW Case Of The Week:

Loggerhead Sea Turtle



by Bob Petcher

The loggerhead sea turtle (*Caretta caretta*) is the most common sea turtle to our area. Ironically, it is more popular than last week's case, the green sea turtle, called the second

most common.

Both the loggerhead and the green are sea turtle species that are most commonly kept in captivity as well.

The loggerhead nests over the broadest geographical range of any sea turtle, but likes Florida the most. The Sunshine State is its most popular nesting site, with more than 67,000 nests built per year.

This prehistoric marine reptile is considered endangered and has been on the threatened list since 1978 due to reasons such as pollution, shrimp trawling and real estate development in their nesting areas.

A fully grown loggerhead is regarded as the largest of all hard-shelled turtles – leatherbacks may be bigger but have soft shells. Loggerheads possess massive heads and strong jaws, and the adult

males reach about three feet (nearly one meter) in shell length and weigh about 250 pounds, but large speices of more than 1,000 pounds have been found.

Color-wise, the loggerhead's skin ranges from yellow to brown, while its shell is typically reddish-brown.

Loggerhead sea turtles are primarily carnivores, munching jellyfish, conchs, crabs and even fish, but they will dine on seaweed and sargassum occasionally. Its large and powerful jaws serve as an effective tool for dismantling its prey.

Mature female loggerheads are known for their faithful return to the area where they were conceived and hatched. Unfortunately, only roughly one in 1,000 hatchlings makes it to adulthood.

Each sea turtle species has a particular function in the ecology of the oceans. Loggerheads are called "bulldozers" because they keep the sentiment from becoming compacted. While crushing conch at mealtime, they provide smaller chunks of food for other species.

The official 2016 sea turtle nesting season ended on October 31. This year's sea turtle nesting season was successful, with more than 23,000 hatchlings. Officials at the Sanibel-Captiva Conservation Foundation reported 826 loggerhead nests were found on Sanibel and Captiva combined this season. The breakdown includes 174 nests found east of Tarpon Bay, 460 nests found west of Tarpon Bay and 192 were dug on Captiva.

At CROW, a loggerhead sea turtle was brought to CROW on November 5 by the



Patient #16-3477 has an illness related to red tide

photo by Kenny Howell

Lee County Sheriff's Department. The turtle was reportedly missing its left hind limb, but further examination revealed the impediment to be an old injury that had completely healed. The patient was swimming well, but had difficulty submerging for long periods of time.

Due to no "obvious health problems" after examination and x-rays, CROW medical officials were suspecting red tide/brevetoxicosis.

Further examination Monday determined a level of brevetoxicosis still in the turtles system. Dr. Heather Barron, CROW's hospital director, stated the turtle will be "flipper-tagged later this

week" with a pending release coming soon after on a Sanibel beachfront. The tagging will allow officials to identify the turtle if is found again injured, sick or dead. Currently, the turtle is eating, swimming well underwater and is coming up for air.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✪

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Plant Smart

Three Vines For Butterflies

by Gerri Reaves

Maintaining a home landscape requires a lot of work, but one of the rewards is watching the wildlife it attracts. But butterflies, birds, bunnies and bees won't show up unless you invite them with the right plants.

Pictured here are three native vines that attract butterflies, two of which are host – or larval – plants. A butterfly species must have a specific host to survive. The caterpillars that transform into the butterflies we love to watch will eat only leaves from that host as it prepares to form a chrysalis.

Simply put: Without host plants, butterflies cannot reproduce, so planting them, as well as nectar plants, is important.

Each of these vines will grow in a variety of conditions and requires little or no maintenance.

Less is more, when it comes to cutting back. Let the foliage proliferate to ensure



Corkystem passionflower, an essential plant for a butterfly garden, has corkscrew tendrils and tiny flower buds

photos by Gerri Reaves

that the caterpillars have sufficient food and protection as they progress through their four life stages: egg, caterpillar (larva), pupa (chrysalis) and adult.



Climbing aster is a good nectar plant and suited to a wild or informal garden

Pruning can also endanger the eggs, caterpillars or chrysalises amid the leaves, so be careful.

Also, avoid the use of lawn chemicals and locate these vines where exposure to neighbors' lawn chemicals is minimized.

Corkystem passionflower (*Passiflora suberosa*) is one of the top butterfly plants for South Florida. Not only is it the host for the gulf fritillary, Julia heliconian, and zebra heliconian butterflies, but it's a nectar source, too.

The curious common name derives from the cork-like appearance of mature stems.

The spiraled spring-loaded tendrils make it an excellent climber, but it will thrive as a groundcover and even use other plants as support.

This plant's value to butterflies far outweighs the fact that its tiny greenish flowers and purple fruit are very inconspicuous.

Although an erect perennial, climbing aster (*Symphyotrichum carolinianum*) acts like a vine, as the woody hairy stems scamper and climb over anything handy, a habit that suits it to an informal or wild garden.

Its native habitat is wet areas such as the edges of swamps or streams or in damp woods, so give it a moist spot in partial shade.

The flowers of about two inches in diameter provide plenteous nectar for various butterflies. Elongated pink, lavender, or rose petals surround the



White twinevine, a member of the milkweed family, is the host plant for the monarch and queen butterflies

yellow or orange disks flowers.

White twinevine's (*Funariastrum clausum*) clusters of hairy five-lobed fragrant flowers make it a showpiece throughout the year. The lobes' bases form a purple ring.

More important, this member of the milkweed family is the host for the monarch and queen butterflies.

The entangling long stems contain the milky sap typical of milkweeds, which makes it less tasty to predators. Another common name is milkweed vine.

It's suited to a moist spot, because in the wild, it grows primarily in hammocks, swamps, ponds or even ditches.

As with other milkweeds, the dry pods contain silky tufts that disperse in the wind and spread the seeds.

There are hundreds more butterfly-attracting vines, wildflowers, shrubs, and groundcovers. Next time you add a plant to your yard, consider the butterflies.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, edis.ifas.ufl.edu, and nababutterfly.com.

Plant Smart explores the diverse flora of South Florida.✧

Morning Meander At Lakes Park



Glossy ibis

photo by Meg Rousher

Take a nature walk of Lakes Regional Park with a bird patrol guide on Saturday, December 3 beginning at 8 am. Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. Participants will meet at Shelter A7. Enter the Lakes Park main gate from Gladiolus and turn right. Drive to the end of road, then continue through the parking lot. Shelter A7 is located near the train station.

This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds. Participants should wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars. For more information, call 533-7580 or 533-7576.

This tour, provided in cooperation with Lee County Parks and Recreation, is free with paid parking.

On Sunday, December 18, experience the Beautiful Birds of Bunche Beach with a bird patrol guide starting at 7:30 a.m. Participants will meet on the beach located in South Fort Myers, off Summerlin Road. Drive south of John Morris Road until it deadends.

Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. Guests may also see waterfowl, raptors and warblers.

Provided in cooperation with Lee County Parks and Recreation, this tour is free with the paid parking fee of \$2 per hour (tour is approximately two hours). Restrooms are located inside the building at the first parking lot.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature. Advanced registration is not necessary.

For additional information, call 707-3015 or visit www.birdpatrol.org.✧

Garden Council Holding Floral Design Sale

The Berne Davis Botanical Gardens, located at the Fort Myers-Lee County Garden Council at 2166 Virginia Avenue in Fort Myers, and adjacent to the Edison home, will be open on Saturday, November 19 from 10 a.m. to 1 p.m.

A walking tour of the gardens will originate and leave from the information desk at the Edison Ford Estate.

Concurrently, the garden council will hold a floral designers sale with the Edison

Ford Garden Market. For those interested in floral design, this is a chance to acquire interesting and unusual arranging items.

Admission and parking are free. Handicap parking is on Virginia Avenue only; regular parking is on Larchmont Avenue, off of McGregor Avenue.

The garden is the home of the Lorelei statue that was recently part of the old Fort Myers Library as well as the Mina Edison Botanical Library. Many of the displays in the garden have been provided through the talents and contributions of local garden clubs, plant societies and other affiliates which comprise the Garden Council.

For more information, email suzu.valentine@att.net or call 992-0113.✧

Residents Donate Playtime Toys For Humane Society



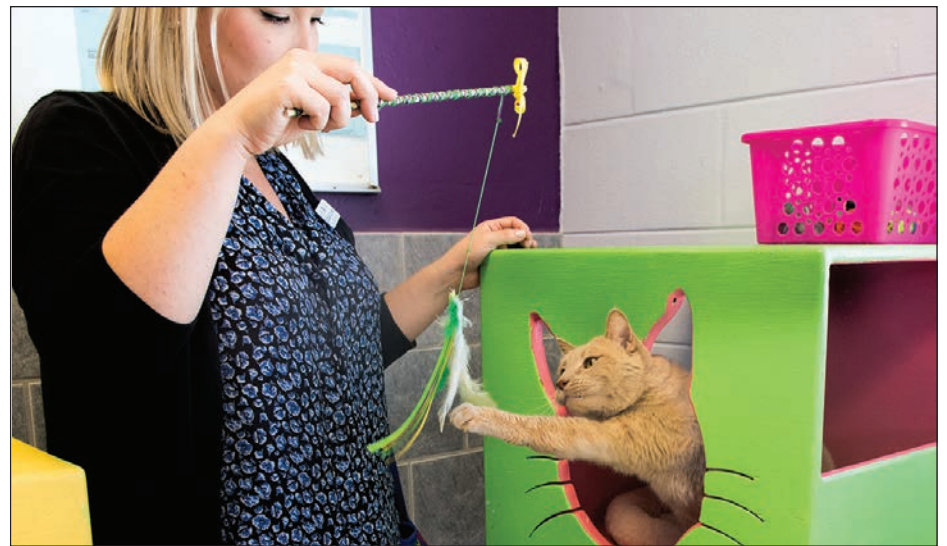
A Shell Point resident braids a tug rope to be donated to Gulf Coast Humane Society
photos courtesy Shell Point



Shell Point assisted living resident Betty Clucas prepares a crafted fleece ball for kittens at Gulf Coast Humane Society

Shell Point assisted living residents recently crafted and personally delivered more than 100 colorful toys for kittens and pups at the Gulf Coast Humane Society in mid-October.

As a nonprofit, animal welfare organization, Gulf Coast Humane Society relies on donations to achieve its mission of caring for abandoned and neglected pets of Southwest Florida. Every year, the shelter takes in, cares for, and finds homes for more than 2,000 animals.



A shelter cat at GCHS tests a newly donated teaser wand during playtime with Shell Point Assisted Living Activities Supervisor Morgan Clayman

"Ensuring that the lives of the animals are enriched while they are living at the shelter is a critical part of the Gulf Coast Humane Society's mission, and one of the most important gifts we can give to our pets," said Jennifer Galloway, executive director of Gulf Coast Humane Society.

Shell Point residents crafted teaser wands, braided tug ropes and fleece balls. During the onsite delivery, residents shared playtime and love with the pets.

"Few activities offer as much happiness and fulfillment as using our time and efforts to help when needed," said Morgan Clayman, Shell Point assisted living activities supervisor. "Many of our residents have worked with neglected animals in the past and were passionate about continuing that admirable work."

To learn more, visit www.shellpoint.org or call 1-800-780-1131.✱

Gallery Presents Thesis Exhibit

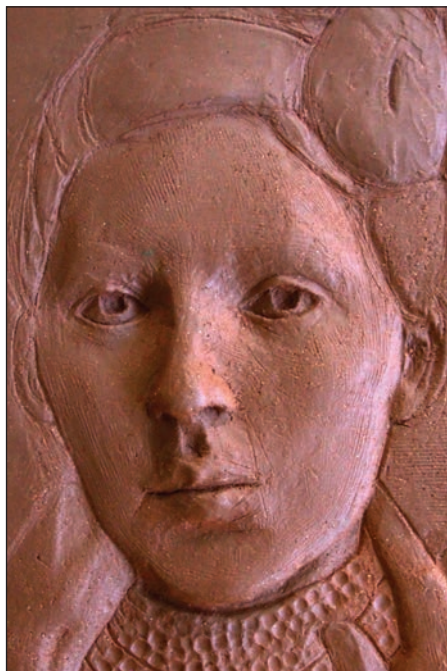
The FGCU Art Galleries in the Bower School of Music at Florida Gulf Coast University (FGCU) presents Thirty-One: a MFA Thesis Project, from November 28 to December 8.

The exhibition features the work of FGCU Art Program alumna Jessica Osceola ('08), and serves as the thesis project for a master of fine arts in sculpture from the Academy of Art University in San Francisco, California, and on display in the ArtLab Gallery.

On Thursday, December 8 from 5 to 7 p.m., there will be a closing reception and gallery talk in the gallery.

Discovering her place and identity between two cultures has been a conscious exploration in which Osceola's work takes root. Her current sculptural pursuit is a series of bas-relief portraits and figures. The focus of these portraits and figures is to illustrate a narrative of different roles she inherently embraces to be part of a modern society. Self-reflections take shape in a series of self-portraits that uncover the layers of inner psyche of an individual turned mother.

Osceola grew up in a traditional Seminole Indian village in Naples, Florida. Her parents are from vastly different cultural backgrounds; however one influential aspect in her upbringing was the creative and artistic talent of her family. This creative energy, combined with strong cultural ties, would lay the foundation for her own life and work as a sculptor. She works and lives in Naples, where she owns a small farm and works in her home



Jessica Osceola, Portrait #3 (detail) 2016, Ceramics, 21 x 13" photo courtesy FGCU

studio. Osceola's life perspective has influenced the direction her work is moving, including concepts of culture and identity in modern society.

The ArtLab Gallery is at the west side of the Library building on FGCU's main campus at 10501 FGCU Boulevard South. Parking is available in Lot 7 for gallery visitors; parking passes are available at the information booth at the university's main entrance. Regular viewing hours are 10 a.m. to 4 p.m. Monday through Wednesday and Friday; 10 a.m. to 7 p.m. Thursday.

For more information, visit artgallery.fgcu.edu or call Anica Sturdivant at 590-7199 or email asturdiv@fgcu.edu.✱

A Fight To Survive At Lab Theater



New York City actress Cindy Chase with Lab Theater actress Kate Dirrigl

photo courtesy Lab Theater

by Di Saggau

Now showing at Laboratory Theater of Florida, *Wings*, written by Arthur Kopit, is based on what his father Emily Stilson, played remarkably well by Cindy Chase, in her first role at Lab Theater. Hopefully, it won't be the last. She excels as a former pilot and daredevil who walked on the wings of airborne planes.

The opening scene is powerful. We see an apparently healthy woman suddenly succumb to a stroke. What follows are

several moments of chaos. Blasts of sound, strobe lights and multi-media special effects sweep the stage. It's as if an explosion has gone off in Emily's head. Shards of language and memory lie scattered in the debris.

As caregivers talk to Emily, she thinks she is responding, but all that comes out of her mouth are garbled words. She confuses the identities of everyday objects and even suspects that the doctors and therapists who care for her have taken her prisoner. One can only imagine the frustration a stroke victim feels in such a circumstance. We learn that in her inner reality she is a witty woman, self-possessed, strong-willed and fearless, far more substantial than the outer reality where she is being urged to return.

Kopit specifies that Emily is "well into her 70s," and even though Chase is nowhere that age, she carries off her role with grace and emotional fire. Her impressionistic monologues of colliding memories and elusive meanings are impressive. This is almost a one-woman show.

There is a credible supporting cast including Rachel Blithe, Steven Coe, Kate Dirrigl, Patrick Erhardt and Louise Wigglesworth, but there is no question that the show belongs to Chase. I especially liked the sections where Amy, a sympathetic therapist played by Dirrigl, works with Emily to help her identify snow and encourages her throughout her rehabilitation.

Wings runs 70 minutes without an intermission. It's an emotional experience and an electrifying opportunity to see a compassionate portrayal of a woman's spirit to survive. The play continues through November 26 at Laboratory Theater of Florida, located at 1634 Woodford Avenue in downtown Fort Myers. For tickets, call 218-0481 or go to laboratorytheaterflorida.com.✱

The winning works will also be reproduced into a boxed set of 12 greeting cards to help benefit the Arts in Healthcare program at Lee Health. The greeting cards will be ready in late November and on sale in the Lee Health hospital gift shops. ✨



Frank DiMaria's first place painting *Stealthy Stalker*
image courtesy Lee Health

A black and white portrait of a middle-aged man with short, dark hair, wearing glasses, a suit jacket, a white shirt, and a dark tie. He is looking directly at the camera with a neutral expression. The background is a solid, light color.

Born in Summit, New Jersey, to James E. and Emily R. Downes, April 25, 1926, he graduated from Summit High School and went directly into the U.S. Navy and World War II. Eventually assigned to the Pacific Theater, Dick was on a ship that was part of a fleet sent to invade Japan when the first

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Top Women Golfers In The World Compete In Tour's Richest Event



by Ed Frank

The top women golfers in the world will compete here this weekend when the season-ending CME Group Tour Championship returns to the Tiburon Golf Club in Naples with the winner possibly earning \$1.5 million.

The richest event of the year on the LPGA Tour includes a \$500,000 winner's check for the CME Group Tour Championship plus a \$1 million first-place prize in the coveted Race to the CME Globe.

The Race to the CME Globe is a season-long points program where points are awarded throughout the year based on tournament performance.

The World's No. 1 player, Lydia Ko, a two-time winner of the Race to the CME Globe, headlines the field along with world No. 2 Ariya Jutanugarn and No. 3 In Gee Chun.

With the points reset after last week's Lorena Ochoa Invitational, these top-three control their own destiny in being able to win both the Tour Championship and the Race to the CME Globe.

Twins Introduce New Baseball Executives To Restore Franchise

by Ed Frank

A new era for the Minnesota Twins was formally ushered in this week with the introduction of a tandem of new top baseball executives who were hired to restore the once-winning tradition of the franchise – a franchise that lost 103 games this past season, the worst record in the Major Leagues.

Patterned after the success of the Boston Red Sox, the Chicago Cubs and other teams, Twins owner Jim Pohlad restructured his front office by hiring both a chief baseball officer and a new general manager.

Introduced at a press conference earlier this week were Derek Falvey, chief baseball officer, and Thad Levine, general manager.

The 33-year-old Falvey previously served as assistant general manager of the Cleveland Indians, and Levine, 44, had been an assistant GM for the Texas Rangers since 2005. The Twins had to wait until after the World Series to make the moves official. Both were given five-year contracts.

Falvey and Levine represent a movement throughout baseball in which young, talented executives are replacing old-school bosses who climbed through the ranks of scouting and coaching.

Falvey was with the Indians the past nine seasons and replaces the Twins former veteran GM Terry Ryan, whom Pohlad fired in July. He played baseball at Trinity College, where he graduated in 2005 with a degree in economics.

Levine had been involved in all phases of the Rangers operations – player acquisitions, contract negotiations, roster management, statistical analysis and international scouting.

All of the 2016 winners on the LPGA Tour are in the 69 qualifying field this weekend. Ko is a four-time winner this year and Jutanugarn leads the pack with five wins. Should she win this weekend, she should become the first six-time season winner since Inbee Park accomplished the feat in 2013.

Cristie Kerr returns to defend her 2015 CME Group Tour Championship, her 18th career win on the LPGA Tour. She captured the \$500,000 first-place prize with a final round 68, which included a birdie and an eagle in her final four holes.

Ko won her second consecutive Race to the CME Globe last year, finishing seventh in the Tour Championship giving her enough points to capture the \$1 million Globe.

This season-ending competition will be televised Thursday through Saturday on the Golf Channel and Sunday's final round on ABC from 1 to 4 p.m.

Tickets to the popular event are available daily at the gate.

Everblades Hockey Team Unbeaten In Regulation

The Florida Everblades began the week with the best record in the entire 27-team ECHL with a 10-0-1 record after completing a four-game road-winning streak at Atlanta and Greenville.

The unbeaten regular-game Everblades return home to Germain Arena tonight, Friday, hosting the Greenville Swamp Rabbits, whom they defeated last Sunday in Greenville 6-2. The puck drops at 7:30 p.m.

Florida is at home again Saturday against Missouri for a 7 p.m. start.*

Bringing Levine to the Twins is certain to result in added emphasis on the statistical side of baseball.

At the introductory press conference, Falvey used the word "collaboration" repeatedly, stressing it will be a group effort from the front office, coaching staff, minor leagues and scouting to restore the Twins to a winning team.

He did not put a timeline on how quickly this can occur, but noted the Twins have talented young players, and that the turnaround could occur quickly.

The Twins have long been recognized as a family-type organization with many, many of their baseball personnel – from the front office all the way down to the minor leagues – having decades of service.

Time will tell whether Falvey and Levine change that long-standing practice.

The Twins report here for Spring Training in just three months. Although changes are certain in the months ahead, one thing that is certain, and this was stressed by Falvey and Levine: Paul Molitor will return as manager.*

From page 1

Sand Sculpting

- Sand Sculpting Demonstrations and Lessons
- Amateur Contest
- State Championships
- Sand Vendor Village with more than 50 vendors.

As part of the 30th anniversary celebration and for the first time, guests will be able to purchase a VIP experience on the sand and enjoy an air conditioned area and beer garden with private restrooms. The Seminole Casino Hotel Paradise Pavilion will offer an open bar, all-you-can-eat menu and televisions showcasing all of the day's sporting and holiday events. The limited number of tickets per day will ensure the pavilion sells out. Advance tickets to the VIP Pavilion will be day specific and the cost is \$40 per day, available online at www.bigcevents.com/ events.

Regular admission is \$7, while children age 4 and under are admitted free.

For more information, visit www.fmbsandsculpting.com or the event's Facebook page, www.facebook.com/SandSculptingFestival.*



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Bank Welcomes Senior Vice President



Lee Golden photo courtesy SCCB

Lee Golden has joined Sanibel Captiva Community Bank (SCCB) as senior vice president and director of retail operations. A veteran banking professional in Southwest Florida, Golden has more than 23 years of experience and will oversee the opening of Sanibel Captiva Community Bank's new downtown Fort

Myers branch, expected to open early 2017 in the Edison Theatre building at 1533 Hendry Street.

"We are very pleased to welcome Lee to our team," said Craig Albert, president, Sanibel Captiva Community Bank. "His reputation precedes him as an experienced, dedicated banking professional and we look forward to working with him as we bring community banking back to downtown Fort Myers."

Golden most recently served as senior vice president and retail market manager at a Southwest Florida bank. He is experienced in overseeing the development and growth of retail bank and deposit and loan products. Golden holds a bachelor's degree from the University of Central Florida.

He is a member of the Greater Fort Myers Chamber of Commerce board of directors and Edison & Ford Winter Estates board of trustees, and is past board president of Family Health Centers of Southwest Florida.

Founded in 2003, Sanibel Captiva Community Bank has two locations on Sanibel: the main office at 2475 Library Way and 1037 Periwinkle Way; and three locations in Fort Myers: in the Myerlee community, on McGregor Boulevard near Kelly Road and on College Parkway.

The bank provides free personal and business checking, top-yielding money market accounts, safe deposit boxes, electronic statements and a mobile banking app, as well as online and drive-thru banking. To learn more, visit www.sancapbank.com.✪

Campaign Goal Met To Build New Children's Hospital

Lee Health Foundation recently announced that \$100 million has been raised to achieve the Campaign Goal For Children, a five-year, \$100 million capital campaign to build the new Golisano Children's Hospital of Southwest Florida to serve children and families from Lee, Collier, Charlotte, Hendry and Glades counties.

The vision for this pediatric center of medical excellence has spanned many years in the planning stages, and the new 292,000-square-foot, 128-bed, seven-story tower is scheduled for completion and opening in April 2017.

During a check presentation ceremony held on November 2 at Lee Health's HealthPark Medical Center, SWFL Children's Charities, Inc., presented a check to Lee Health Foundation for \$2.4 million and pledged another \$1 million to meet the campaign goal for the hospital. In total, SWFL Children's Charities, Inc., has pledged and contributed \$16 million to the new Golisano Children's Hospital of Southwest Florida.

"The mission of SWFL Children's Charities, Inc. is to advance the pediatric health care in the region and, for the past eight years, this charity has dedicated funds from its annual signature fundraiser, the Southwest Florida Wine & Food Fest, towards the new hospital," said Elaine Hawkins, president of SWFL Children's Charities, Inc. "With support from our trustees, event attendees, volunteers and

community partners, we proudly represent so many in the community who believe in the power of giving and putting kids first."

In May 2012, B. Thomas Golisano pledged a \$20 million matching challenge grant that served as a call to the community to support children's health care and construct a new children's hospital for Southwest Florida. In recognition of the gift, the hospital was renamed Golisano Children's Hospital of Southwest Florida.

"I am overwhelmed with the generosity of our entire Southwest Florida community. The thousands of gifts, regardless of size, coupled with Mr. Golisano's \$20 million matching gift, made the new Golisano Children's Hospital possible. This is truly the community's hospital, and I am honored to have been part of this extraordinary effort," said Joe Catti, president and CEO of FineMark National Bank & Trust and chair of the Golisano Children's Hospital of Southwest Florida capital campaign.

"This is the hospital that you, the community, have built," said Skip Leonard, chief foundation officer, Lee Health Foundation. "Mr. Golisano and SWFL Children's Charities, Inc., contributed lead gifts to the campaign, igniting the community to contribute as well, including children with lemonade stands, local businesses and schools, renowned philanthropists, participants of fishing tournaments and golf events, neighborhood groups and even lottery winners are among the thousands who have contributed, collectively raising \$100 million to fund the construction of the new Golisano Children's Hospital of Southwest Florida."✪

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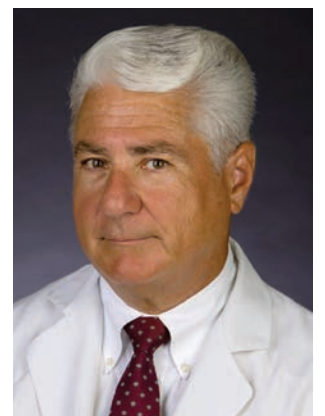
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- Prolotherapy, cellular therapies, and acupuncture for accelerated recovery.
- Common sports injuries: elbow injuries, back pain, labral tears, meniscus tears, and more.
- Why you may not have responded to certain pain treatments, including physical therapy and surgery.
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- How cortisone injections can make you more susceptible to injury.
- Which pain medications actually accelerate arthritis.
- Question and answer time with the doctors to get help with YOUR pain now!



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Regenerative Medicine Specialist
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Financial Focus

Put Thanksgiving Lessons To Work



by Jennifer Basey

Thanksgiving is almost here. Over the years, this holiday has taken on a variety of meanings, most of them centered on family, caring and sharing. You can carry these same values past Thanksgiving into

your daily life – and you can certainly incorporate them into your financial strategies for taking care of your loved ones.

So, here are a few suggestions:

- Protect your family. If something were to happen to you, could your family pay the mortgage? Could your children still afford to go to college someday? To protect your family's current lifestyle and long-term goals, you may well need to maintain adequate life and disability insurance. Your employer may offer these types of protection as employee benefits, but the coverage might be insufficient for your needs. Consequently, you might need to supplement your employer-paid insurance with additional policies.

- Invest in your children. If you have young children, and you'd like to see them go to college someday, you may want to start putting money away toward that goal.

You can save and invest for college in a variety of ways, but one popular method is through a 529 plan, which offers high contribution limits and potential tax advantages. Plus, a 529 plan gives you significant control and flexibility – if you establish a plan for one child, but he or she decides not to go to college, you can name another child as the recipient.

- Be generous. You don't have to be a millionaire to make meaningful financial gifts to your family. For example, if you have grown children, consider helping them fund their IRAs. You can't contribute directly to a child's IRA, but you can write checks to your children for that purpose – though, of course, they are then free to do whatever they want with the money. It's not always easy for a young person to "max out" on an IRA, which has an annual contribution limit of \$5,500 for workers under 50, so any help you can give your children in this area should be greatly appreciated.

- Safeguard your own financial independence. Almost certainly, one of the most undesirable outcomes you can imagine is to become financially dependent on your grown children. Even if you save and invest diligently throughout your working years, you could still be vulnerable to financial dependency if you need an extensive period of long-term care, such as a nursing home stay. These costs can be enormous, and Medicare typically pays only a small percentage, and usually for just a limited time. To protect your financial freedom, you should explore ways of addressing long-term care costs. A financial professional can explain those alternatives that may be appropriate for your situation.

- Communicate your wishes to your family. At some point in your life, you will need to draw up your estate plans, which could include a will, a living trust, a durable power of attorney, a health care directive and other documents. To be fair to your children and other family members, and to avoid hurt feelings, you should clearly communicate your plans and your wishes while you are still around.

If you can successfully apply the lessons of this holiday to your financial plans, both you and your family will have reason to be thankful.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

New Fire Station Opens

Firefighters and staff from City of Fort Myers' Station One now have a new place to call home. The 30,700-square-foot fire station, located at Jackson Street and Martin Luther King Jr. Boulevard, meets the department's expanding needs which have changed since the original 18,000-square-foot station was built in the 1950s.

The City's Department of Public Works collaborated with the Fire Department to create a facility that accomplishes their mutual goals for public safety and community services. The space allows for the present day's larger fire apparatus and the equipment needed to accommodate the department's expanded operational responsibilities.

From the technology standpoint, the building is equipped with wireless access on every floor, allowing communication to flow. Training classrooms are outfitted with interactive SMART boards so that all information can be immediately uploaded and archived for historical records and future reference. The internal radio communication system has been upgraded to ensure that signals are effectively transmitted in the hurricane-proof building.

In addition, there is now room for the Fire Prevention staff to work in the same building, improving efficiency and allowing for continuity and coordination of projects.

"We approached this project with a shared vision," said Richard Moulton, interim director of public works. "Assessing the growing needs of our fire department, as well as prevention programs for our community, provided us with a blueprint to create a state-of-the-art facility that meets the requirements of today and well into the future."

"We appreciate the hard work our Public Works department has put forth to build our new facility," said Trenton Bowen, fire chief of the Fort Myers Fire Department. "We're proud of this collaborative effort that enables us to provide the most up-to-date services and equipment to protect our citizens." ❖

College Earns Awards

Florida SouthWestern State (FSW) earned 11 awards during the Association of Florida Colleges annual conference in Orlando held November 1 through November 4.

The awards were presented during the Communications and Marketing Commission Award of Excellence presentation. There were 220 entries, with 109 earning awards.

"It's always rewarding to be recognized by our peers for the work that this college does," said Dr. Jeff Allbritten, FSW president. "We're fortunate to have such a talented group of professionals who constantly raise the bar of excellence in all they do."

FSW earned first place in the following categories:

- specialty/advertising/promotion item:

the Buc bobblehead

- newsletter/print: *Inspirations* by FSW Foundation

- brochure/the arts: Rauschenberg Gallery at FSW

- article/story pitch resulting in publication: CSI Series published in *The News Press*

- annual report/foundation: *Inspirations* by FSW Foundation

FSW earned second place for:

- trendsetter: FSW athletics

- brochure: FSW School of Business and Technology

- advertising outdoor: The Bucs are Back

- advertising radio: Bucs basketball season tickets

FSW earned third place for:

- poster: The Bucs are Back

- display/presentation board: FSW Alumni Network - Your Career Started Here

Visit www.FSW.edu to learn more. ❖

Available at
www.AMAZON.COM
EDITORIALRxPRESS.COM

Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

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Goodwill Industries Of Southwest Florida Receives \$12,325 Grant



Goodwill's wheelchair-accessible golf cart photo courtesy Goodwill Industries of SWFL

Goodwill Industries of Southwest Florida announced that it has received a \$12,325 Quality of Life grant from the Christopher & Dana Reeve Foundation. The award was one of 79 grants totaling over \$575,704 awarded by the Reeve Foundation to nonprofit organizations nationwide that provide more opportunities, access and daily quality of life for individuals living with paralysis, their families, and caregivers. Conceived by the late Dana Reeve, the program has awarded over 2,700 grants totaling more than \$20 million since 1999.

Goodwill will use the grant for the purchase of a wheelchair-accessible golf cart to provide more equitable and safe transport of campers who attend Trailways Camp.

Founded by Sharon and Jerry Miller of the Robert V. and Benjamin G. Miller Fund, Trailways Camp provides camping experiences for adults with disabilities in Southwest Florida. Goodwill Industries of Southwest Florida, Inc. has been the service provider for the Trailways Camps since October 2012 and serves 60 campers annually at its overnight camping sessions. Campers enjoy fishing, canoeing, arts and crafts, swimming, campfires, nature walks and much more at Trailways Camp, held at the American Camps Association Accredited Riverside Retreat Center in LaBelle, Florida.

"We are extremely appreciative of the generous grant we received from the Christopher and Dana Reeve Foundation," said Fred Richards, vice president of community support services. "This cart provides individuals with accessibility barriers proper accommodations so that they can access activities safely and equitably at our Trailways Camp."

Awarded twice yearly, grant requests were evaluated and scored based on a rigorous review process to determine funding for organizations that improve daily life for those living with paralysis, as well as their families and caregivers. In this particular grant cycle, the grantee review board awarded a significant number of grants in medically underserved areas for modification projects, animal service programs and veteran programs.

"Accessibility modifications and service animals help create greater independence both in home and public settings, which is key to increase inclusion in the community," said Donna Valente, director of Quality of Life Grants. "By supporting these types of programs in underserved areas, we are able to remove barriers to independent living for individuals living with disabilities and their families."

The Christopher & Dana Reeve Foundation Quality of Life Grants program was created to address the myriad needs of children and adults living with paralysis, as well as provide assistance and education to their families and caregivers. Funded programs serve individuals living with paralysis caused by injuries, diseases or birth conditions, including but not limited to, stroke, spina bifida, multiple sclerosis, cerebral palsy and amyotrophic lateral sclerosis (ALS). The grants support innovative initiatives that aim to increase quality of life by improving physical and emotional health, broadening community engagement and increasing independence.*



Allison Bucci photo provided

Team Hires Business Manager

The Boston Red Sox have hired Allison Bucci as business development manager, Florida operations.

Bucci joins the Fenway South team after spending seven years working for the Red Sox in Boston in ticket and premium sales, overseeing the luxury suites and premium packages at Fenway Park. She is a graduate of Marist College and earned her MBA from Northeastern University while working

for the Red Sox.

In her new position, she will be responsible for overseeing all corporate partnerships for Spring Training at JetBlue Park as well as implementing and managing the year-round rental business for the ballpark and surrounding 20 acres.

"We are very excited to have Allison join our team in Lee County after being such an integral part of our sales operations in Boston," said Katie Haas, Red Sox vice president of Florida business operations.*

Global Day Of Giving Is November 29

Junior Achievement of Southwest Florida (JA) has joined #GivingTuesday, a global day of giving that harnesses the collective power of individuals, communities and organizations to encourage philanthropy and celebrate generosity worldwide.

Occurring this year on November 29, #GivingTuesday is held annually on the Tuesday after Thanksgiving and the widely recognized shopping days Black Friday and Cyber Monday to kick off the holiday giving season.

"Junior Achievement helps young people create successful futures by giving them the skills and knowledge to be successful in the world of work," said Angela Fisher, president and CEO

continued on page 22

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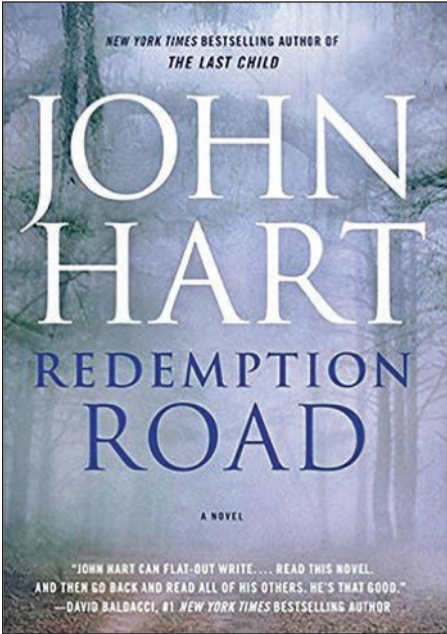
Redemption Road



by Di Saggau

Reviewers have heaped praise upon John Hart, comparing his writing to that of Pat Conroy, Cormac McCarthy and Scott Turow. He is back with a new book *Redemption Road*, his most powerful story yet. The serial-killer theme might be getting tired, but Hart just includes it as one strand among many in his new novel. The setting is in a small city in North Carolina. There are four emotionally and physically wounded characters.

The main character is Elizabeth Black,



a detective on the police force who has been put on suspension because she appears to have used excessive force, 18 bullets, in killing two men in the basement where they were committing a heinous crime against an 18-year-old girl. A newspaper headline reads “Hero Cop or Angel of Death?”

Liz’s colleagues have another reason to question her professionalism because she is obsessed with Adrian Wall, an ex-cop in prison for the murder of a woman in a ritualized way. Liz once idolized Adrian and insists he’s innocent. To complicate matters, just as Adrian finishes serving his time and arrives back in town, the serial killer strikes again. Naturally he is the main suspect. Both Liz and Adrian share a reluctance to tell the truth about the incidents that have brought them under suspicion, and their motives for silence are the same; they are protecting someone else.

Liz and Adrian also share a sexual chemistry which further motivates her to clear his name. Meanwhile, in a vivid scene that opens the book, Gideon, the 14-year-old son of the woman Adrian was convicted of killing, plans to shoot him the morning he walks free. Liz ends up lavishing motherly affection on the vengeance-seeking Gideon, along with Channing, the victim in the crime that caused all those gunshots. Adrian’s case eventually raises issues of police corruption and prison abuse.

Throughout the plot we get the first-person narration of an unidentified man, who moves, unobserved, among the other characters as he kidnaps and kills several women. A touching epilogue lends a closing note of poignancy. Brimming with tension, secrets, and betrayals, *Redemption Road* proves again that John Hart is a master of the literary thriller.*

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, My fifth grade daughter is having trouble remembering everything she needs to do for school. Is there something I can do to help her?

It’s upsetting to see her struggling.

Bettina M. Fort, Myers

Bettina,

As children move through school the demands on their working memory increase significantly. Working memory refers to the ability to keep in mind the information you need to complete a task, and such an issue may affect kids both in and out of school. But there are things parents can do and strategies kids can learn that can help them succeed, even if it doesn’t come automatically to them.

First of all, get to know your child’s limits. If you’ve given your child what feels like a reasonable set of instructions, but she keeps getting off track, it’s a good sign that she’s reached the limits of her working memory. Observing your child carefully to when and how often she starts to lose the thread will help you get a clearer picture of her capacity to hold information. Once you know where her limits lie, you’ll be able to use that as a guide for giving effective directions. For example, if you notice your child has a hard time following multi-step directions, try breaking tasks down into smaller, more manageable steps, not a string of instructions.

Schoolwork that seems simple on the surface may actually require a lot of working memory. With kids trying to tackle too much at once, it often translates to sloppy or unfinished work and creates anxiety. Breaking homework assignments or study sessions down into manageable chunks will help your child avoid cognitive overload, work more effectively and develop good study habits.

Figuring out the mini-tasks of an assignment will help you and your child break the assignment down into

manageable parts.

Helping kids get into routines is essential for helping with working memory. “Routines are the goal,” says Linda Hecker, MEd, the lead education specialist at the Landmark College Institute for Research and Training. “When we’re able to automate a task, it no longer requires working memory to function. Remembering what to do next takes up cognitive workspace, and that’s not necessary.”

Here are some of Hecker’s tips for creating routines:

Be consistent: Routines should be just that — routine. Find a pattern that works and stick with it.

Be patient: It takes time to build effective habits, and distractions happen. Don’t expect kids to get it right away. Offering reminders and praising your child’s efforts to stay on course will help them stick with the routine until it sinks in.

Use verbal and visual cues: Help kids internalize routines by adding verbal and visual backups.

For example, visual clues could be: Drawing a picture to illustrate how an essay is structured, writing out the order of steps for a math problem or using post-it notes as reminders around the house.

Verbal cues could range from saying each task out loud before he does it, “Step 3, put my homework in my backpack for tomorrow...” to making up a song or poem to help him commit important information — like commonly used math formulas or the names of all 50 states — to long-term memory.

Not everything needs to be remembered. Tools like to-do lists, organizers and reminders free up vital “workspace” and make it easier for kids to remember important information. “Externalizing organizational tasks takes some of the pressure off working memory,” explained Hecker. “I encourage my students to write everything down: assignments, ideas, anything they want to remember later.” But remember, organizational tools only work if they’re used. Help your child find the tools that work for them and make the tools part of their routine.

For now, the best way to help kids with working memory issues is to focus on creating and practicing healthy, effective

coping strategies. Creating routines, using tools and offering support will help your child develop strategies she’ll be able to fall back on for the rest of her life.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a

nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Chamber Improvement Workshop

The Chamber of Southwest Florida’s Process Improvement Committee presented Cashing In with Process Improvement on November 1 at the Crowne Plaza at Bell Tower Shops in Fort Myers. A full roster of local business leaders, consultants and academics provided technical guidance, case studies, paradigm shifts and perspectives from the trenches.

An overview of the lean construction process was provided by David Rybicki of Lee Health and Reggie Morgan of Deangelis Diamond. Lean process management principles were presented by Phil Centonze of FloridaMakes. Robert Peterson, Ph.D. of FGCU explained the ability of the Six Sigma process to eliminate defects by reducing variations within a process. AREINA, Inc. CEO Bob Munro extolled the bottom line benefits of effective asset management.

Other dynamic presenters included 19-year process improvement vet Stacey Harrington, process practice lead at Lee County Electric Coop (LCEC); Six Sigma Master Black Belt Claudia French, director of operational excellence and clinical laboratory services for Florida Cancer Specialists; and Daniel Eveloff, Fort Myers city president for Regions Bank. Roop Lutchman, America’s leader for GHD Business Consulting and author of three books on asset management, suggested that businesses invert their organizational pyramid to put front line staff first, as they are the ones who actually make a product or provide a service.

Mark Abbott, founder of VTH Partners and author of *Traction – Get A Grip On Your Business*, served as the luncheon speaker. Seth Yoskowitz, principal of GHD Business Consulting, presented on succession planning to conclude the eight-hour workshop. He noted that Baby Boomers are retiring at a rate of 10,000 per day.

Cashing In with Process Improvement was the first in a series of business education events planned by the Chamber of Southwest Florida.

For more information on future programs, contact Executive Director David Miller at 433-4111 or dave@chamberswfl.com. Copies of the workshop presentations can be found online at www.chamberswfl.com.*

From page 21

Day Of Giving

of Junior Achievement of Southwest Florida. “We ask the Southwest Florida community to support JA’s mission by going to <http://jaswfl.org/donate/> and donating \$100 on November 29, #Giving Tuesday. Our goal is to give more students access to JA programs, and we’re asking for the community’s support.”

JA’s approach allows volunteers from the community to deliver JA curriculum while sharing their experiences with students. Classroom volunteers transform key concepts of these lessons into a message that inspires and empowers students to believe in themselves, showing they can make a difference in the world. For every \$100 donated, a classroom kit can be purchased. Each JA class is provided at no cost to the schools, students or teachers.

For more information, visit www.givingtuesday.org, www.facebook.com/GivingTuesday or follow @GivingTues and the #GivingTuesday hashtag on Twitter.*

Rotary Club Supports Survivors

The Rotary Club of Fort Myers South recently raised \$1,236 from members to benefit ShelterBox, a humanitarian relief charity that assists survivors of disaster and humanitarian crises around the globe.

ShelterBox provides humanitarian aid, emergency tent shelters and other supplies such as stoves, blankets, water filtration systems and other tools to help families rebuild their lives after losing their homes and possessions following a disaster such as earthquake, volcano, flood, hurricane, cyclone, tsunami or conflict.

"You never know when the next disaster might strike," said Kerri Murray, president of ShelterBox USA. "With

generous donations such as this one from the Rotary Club of Fort Myers South, we can continue our mission of providing shelter, warmth and dignity to disaster survivors around the world."

ShelterBox is currently responding to disasters in Haiti, Ecuador, Niger, Cameroon, Iraq, Tanzania and the Syrian region.

Gerry Poppe, president of the Rotary Club of Fort Myers South, said, "The members of more than 33,000 Rotary Clubs around the world place value in the 'Service Above Self' philosophy. We have a commitment to helping others in need."

Those interested in supporting ShelterBox can make a tax-deductible donation at www.shelterboxusa.org or by mailing a check to 8374 Market Street, #203, Lakewood Ranch, FL 34202. For information or to make a contribution by phone, call 941-907-6036.✱

Children's Center To Expand

With a mission to enhance the lives of children and their families through quality early childhood education and related services, Child Care of Southwest Florida is expanding the Joseph H. Messina Children's Center.

The center, located at 4650 Fowler Street in Fort Myers, will transform two of its classrooms to provide space for up to 40 more new students. A kitchen remodel will allow the organization to build upon its healthy food options. The expansion will be complete in early February 2017.

"This remodel will create the ideal classroom environment to deliver our curriculum and continue to engage vibrant preschoolers eager to learn and play," said Tamara Aronson, the center's director. "With the transformation of our kitchen, we're excited to offer healthy food options, use the fresh fruits and veggies from our garden, and continue to build upon Michelle Obama's 'Let's Move' health campaign."

For children who are enrolled full time, the center offers five meals per day.

Child Care of Southwest Florida is also an advocate for parents and provides services to support their growth as well. A full-time family resource specialist is available to help parents seeking information about college opportunities, loan offerings and more. The center caters to active parents who manage heavy workloads, are seeking employment or are pursuing evening coursework at local colleges. The center is open Monday through Friday from 6:30 a.m. to 11:30 p.m.

Accredited through the National Accreditation Commission for Early Care and Education Programs, Child Care of Southwest Florida uses Creative Curriculum, a nationally recognized curriculum and Teaching Strategies Gold Assessment. This allows teachers to individualize learning based on each child's specific needs at every age. This type of learning emphasizes a child-centered, project approach to instruction through exploration, active play and discovery. Youngsters learn by first-hand observation, hands-on experiences, intentional teaching and personal reflection.

For more information, visit www.ccswwfl.org.✱

Homeless Coalition Raises \$28,000 At Dinner

The Lee County Homeless Coalition raised more than \$28,000 during the organization's 1960s themed 12th annual dinner and silent auction held on November 5 at the Colonial Country Club in Fort Myers. Royal Palm Coast Realtors Affordable Housing Foundation was the Platinum Sponsor. There were five Gold Sponsors, six Silver Sponsors and eight Bronze Sponsors. Approximately 180 guests attended and bid on 75 donated auction items. The funds raised help the Lee County Homeless Coalition and its partners to continue their mission to end homelessness in Lee County.

Mayor Randy Henderson served as the master of ceremonies, with opening remarks from Congressman-elect Francis Rooney. The event featured special guest speaker Tracey Galloway, CEO of Community Cooperative, Inc.

"We are grateful for the support

from our sponsors, partner agencies and the community for helping us to exceed our fundraising goal," said Janet Bartos, executive director, Lee County Homeless Coalition. "However, as we enter the holidays, we continue to rely on the help of the Lee County community to make an impact with the children, families and approximately 2,300 individuals who are faced with homelessness every day."

The Lee County Homeless Coalition is a non-profit organization comprised of community and faith-based service providers, local businesses, people who are currently experiencing or who have experienced homelessness, and other advocates committed to ending homelessness. The coalition's mission is to advocate, educate and promote awareness of issues and obstacles facing homeless individuals in Lee County through community collaboration, planning and implementing solutions.

To learn more about how you can help join the fight against homelessness, contact Janet Bartos at 322-6600. For more information, visit www.leehomeless.org.✱



From left, Susan Crowe, director, Volunteer Services at Gulf Coast Medical Center; Louise McDonald, MD, president, Gulf Coast Medical Center Auxiliary; Jim Andrews, president, Lee Memorial Auxiliary; Jill Palmer, director, Lee Memorial Auxiliary and Volunteer Resources; Jim Eberz, president, Cape Coral Hospital Auxiliary; and Jeri Grimes, director, Cape Coral Hospital Auxiliary and Volunteer Resources photo courtesy LMHS

Lee Health Auxiliaries Install New Board And Officers For 2016-17

Jim Eberz, Louise McDonald, MD, and Jim Andrews will serve as the first hospital auxiliary presidents under the new Lee Health brand. Auxiliaries of Cape Coral Hospital, Gulf Coast Medical Center and Lee Memorial installed their new boards of directors and officers at a recent luncheon held at Palmetto-Pine Country Club in Cape Coral.

Many auxiliary members were in attendance as well as Lee Health board of directors and senior leaders. In addition to installing the new leadership, retiring board members were recognized and honored for their service. Auxilians also celebrated their fundraising efforts during the past year.

During the 2015-16 business year, the three Lee Health auxiliaries donated more than \$1.05 million for scholarships, projects, programs and technology to benefit Lee Health patients, families and the Southwest Florida community.

The auxilian leaders installed for the 2016-17 year include:

Cape Coral Hospital Auxiliary

Jim Eberz, president
Carol Anderson, president-elect
Lynne Benson, vice president – membership
Jocelyne Pickel, vice president – fundraising
Arlene Tompkins, recording secretary
Jack Hess, treasurer
Carl Greenman, recorder

Gulf Coast Medical Center Auxiliary

Louise McDonald, MD, president
Eileen Winter, president-elect
Mary Callaway, treasurer
Robert (Chip) Dykstra, secretary

Lee Memorial Auxiliary

Jim Andrews, president
Jean Perkins, vice president – fundraising
Karen Endersbee, vice president – Lee Memorial Hospital
Ketki Shah, vice president – HealthPark Medical Center
Bob Lotz, vice president – Golisano Children's Hospital of Southwest Florida
Sandy Heise, vice president – membership
Nancy Sammons, secretary
Dan Gillenwater, treasurer ✱

Meeting On HUD Program

The Housing and Urban Development (HUD) Community Development Block Grant's 1st Program Year Consolidated Annual Performance Evaluation Report community meeting is set for Tuesday, November 22 at the Dr. Carrie

Robinson Center, located at 2990 Edison Avenue in Fort Myers. The meeting will run from 6 to 7 p.m.

The City of Fort Myers receives grant funding annually from HUD to provide housing assistance and public service programs to eligible low to moderate income residents of the city.

The meeting will provide citizens, community groups and other interested stakeholders an opportunity to evaluate the program.✱

dearRPharmacist

Mouth-Watering Pesto Spaghetti Squash



by Suzy Cohen, RPh

Dear Readers: Thanksgiving is coming up, so today I'm sharing my favorite recipe for a healthy pesto-inspired spaghetti dish. This colorful, fabulous dish is loaded with healthy nutrients and includes

the supplement "aloe vera juice," which you can't even taste.

As for health benefits, spaghetti squash has a fair amount of beta carotenoids as well as soluble fiber. It only has 40 calories, compared to 200 from traditional pasta. Please try spaghetti squash, it's worth the effort. Because I write for a living, I always ask the produce department to saw it in half in the back. (I am not real good with sharp knives!)

My pesto sauce has a dash of aloe vera juice (whole leaf, USDA organic). Aloe is an ancient medicinal plant that has activity against *H. pylori* which can cause bad breath and gastric ulcers. About 87 percent of people with halitosis have *H. pylori*. Interestingly, a specific aloe protein (named 14 kDa) can block

growth and spreading of *Candida* fungal infections.

I use organic grape seed oil in my pesto sauce. Grape seed oil does a good job at strengthening and repairing broken or torn capillaries and blood vessels (think spider veins and varicose). Indirectly, this improves your circulation, another plus for people with diabetes who have impaired circulation and are prone to foot ulcers and amputations.

Obviously, basil is the star of the pesto sauce, and basil is very rich in blood-clotting vitamin K and manganese. Manganese spurs production of biologically active thyroid hormone (which burns fat) and it also makes Superoxide Dismutase, a potent detoxifying enzyme. Manganese forms your enzyme called "prolidase," which makes collagen in your skin.

Basil is a lot like a natural antibiotic especially against certain staph and pseudomonas infections. Enough about nutrition; right now, I'm providing my recipe which may be served as the main dish with warm bread and butter, or beside your roasted turkey.

Ingredients

Pesto Sauce:

2 cups packed fresh basil leaves
2 garlic cloves
1/2 cup pine nuts (or walnuts)
1/2 cup grated parmesan (or asiago)
1/4 cup grape seed oil
1 1/2 teaspoons aloe vera juice
1 teaspoon lemon juice
Salt and pepper, to taste
1 medium spaghetti squash

Doctor and Dietician

Exercise Helps To Increase Libido



by Ross Hauser, MD
and Marion Hauser, MS, RD

Asatisfying sex life requires a healthy body. Exercise encourages a healthy body and also gets your hormones flowing. We are huge proponents of exercise – and promoting a healthy libido is just one more benefit.

If you exercise, you will have more energy and stamina, both in and out of the bedroom. It is important to find the time to exercise, even if it is just making more of an effort to stay active around the house and yard. Get off the couch and get moving.

You might try buying weights that you strap onto your ankles or wrists. You can wear these while you are doing your daily activities around the house. This will help you to boost endurance and build muscle strength.

Eating healthy foods and taking vitamins with additional supplements can also help increase your sexual desire and reproduction. Remember that you cannot just substitute food with supplements. You still need to eat fresh foods, especially protein and vegetables. Dump the sugar and processed foods. Taking a supplement is just an added bonus that should enhance your health. If you need that extra boost from supplements, ask a Natural Medicine practitioner about supplements that are best for you and improving sexual function.

Sex hormones play a vital role in the overall health of a person. Low sex hormone levels can cause a lack of energy, decreased libido, low muscle mass in men and bone loss. A hormone panel blood test can be used to determine the sex hormone status of a patient and monitor patients receiving hormone replacement therapy.

In summary, if you want to boost your sexual response, start by boosting your nutrition, supplements and exercise plans. This is the safest, easiest and cheapest way to solve sexual function problems.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✴

1/2 cup water

Directions: Blend the pesto sauce ingredients together in a food processor. If it's too thick, add a tablespoon or two of water to alter consistency. Pesto may be made a few days in advance and stored in the refrigerator. One serving has only 19 calories and 1.8 grams of total fat.

To make the spaghetti squash, preheat oven to 400 degrees. Halve spaghetti squash and place face-down in a lightly oiled glass baking pan. Pour water in pan

around squash. Cook for one hour or until you can push a fork through the skin easily. Remove from oven, and carefully scoop seeds out and discard. Scrape the "spaghetti" out of the squash using a fork. Top with pesto sauce and additional grated cheese. This will make you drool!

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✴

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

Is it genetic? My grandmother was fat, my mother and daughter are fat, and now my new doctor says I have to lose 75 pounds. My old doctor never said that I was fat, but this new young doctor says I may be diabetic or have a thyroid problem. My husband and I love our eats and we don't want to be on some stupid diet. We love the all you can eat restaurants and

don't want to give up anything.

Do you know of a pill I could take so I won't have to change my life?

Effie

Dear Effie,

Genetics can sometimes be involved, but more frequently weight gain is caused because we eat too much for the energy we need and the extra is stored as fat.

Your family may need some food counseling in food choices. Maybe you all eat the same kind of food that increases your caloric intake too much so you all gain weight. It has been documented that families can do this.

The threat of diabetes and the possible medical problems that may develop would make me think twice about continuing your lifestyle. But that is between you and your doctor.

Lizzie

Dear Effie,

The choice is yours – introduce healthy habits into your routine and stay as healthy as you can, or don't, very simple. If you do not, you can most likely look forward to increased doctor appointments, increased restrictions of your diet and activity, increased dependence on adult children, and increased financial expense; paying for the additional doctors, medicines and supplies. The choice is yours...

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✴

Grant Helps Those With Autism Learn To Swim

In late December 2014, the Florida Helps Foundation of Fort Myers was awarded a one-year Family Community Services Grant from Autism Speaks, the globally recognized autism science and advocacy organization.

The grant will be used to develop and manage the foundation's new PADLS program (Persons with Autism or Disabilities Learn to Swim).

Drowning is the leading cause of death among children with autism or special needs under the age of 15. And for every child that drowns, another four are hospitalized in near-drowning accidents. This issue is more critical in Florida due to the sheer number of water sources easily available such as pools, ponds, canals, rivers, lakes and the gulf.

Children with autism or special needs can often be less aware of the world around them, increasing the risk of drowning. It can be beneficial to teach

children with autism or special needs basic water safety and drowning prevention techniques since they frequently have a limited sense of inherent threats or danger, tend to easily wander and have a natural affinity for the water.

These youngsters can learn to swim through proper guidance, a caring atmosphere and lessons that are developmentally appropriate.

The foundation's research discovered there are no dedicated water safety programs specific to autistic or special needs kids in Lee County, and a handful of instructors provide expensive private lessons. While many basic swimming instruction programs exist at the local level, they typically don't accept kids with behavioral disorders, since these youngsters often require one-on-one specialized training.

The foundation's new program provides one-on-one lessons using specialized and certified water safety instructors to establish basic water safety skills, allowing anyone who falls into a body of water to be comfortable going under, safely surfacing, reorienting themselves and then easily reaching the shore.✴

PETS OF THE WEEK

This week's spotlight senior is Montana. He is a 6 year old lab mix neutered male who is still active and loves to play ball. He loves it so much, he will roll the ball to you if you stop before he is ready. If you think a mature but active guy is just what you've been waiting for, then you have found your match with Montana.

Adoption Fee: \$10 during Adopt a Senior Pet Month or free for senior citizens adopting senior pets

Pepsi is a 3 month old domestic short hair male and his sister, Sprite, are two adorable lap cats. They are calm with just enough playfulness to be entertaining. Why not adopt both of these beauties and double your love and fun?

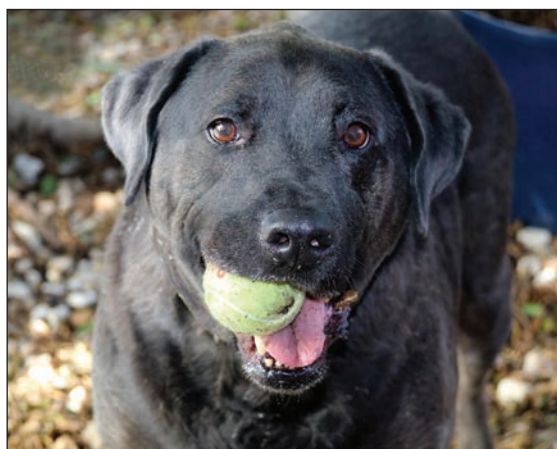
Adoption Fee: \$75 for both (cats and kittens are two for one adoption fee)

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱



Montana ID# 679862



Pepsi ID# 671671

PAWS Of Sanibel

Hugo

PAWS of Sanibel is trying to help find a temporary home (approximately two months) for a 2-year-old, 60-pound Lab/Mastiff mix. A member of the dogs' family is fighting cancer, and is here on Sanibel staying with a family member that lives here who will aid – as needed – with issues surrounding the treatment process. The family member is in a condo that does not allow dogs. Another member of the family will be available to take the dog for walks and provide food, etc. The dog just needs a place to spend his days and nights. The treatment process for this individual began on November 9, and the spouse – who is currently in another state with that dog – would like to join the family here on Sanibel as soon as possible.

If you have room in your home and your heart to help this family, contact Pam at PAWS of Sanibel at 472-4823 as soon as possible.✱



Hugo

PAWS Of Sanibel

Roscoe



Roscoe

My name is Roscoe. I found myself homeless after my mom and dad split up. I am living with a family member, but they already have three dogs. I get along so well with their dogs and children and cats too! I am a mix of a chihuahua and Jack Russell terrier, so I would make a great lap dog. I am a sweet boy, just 8-years old, and I am neutered. If you can adopt me, call PAWS volunteer Yolanda at 691-4488.✱

PAWS Of Sanibel

Help PAWS Of Sanibel

The holidays are approaching and everyone will be busy shopping for gifts, decorations and more. When shopping on Amazon, please shop at smile.amazon.com, Protection of Animal Welfare Society, Inc. (PAWS Inc.), and a small portion of your purchase will go to PAWS of Sanibel/Captiva. There is no additional cost to you.

Please use this link to open to the PAWS account at Amazon smile: smile.amazon.com/ch/65-0037174 for your all your Amazon purchases year round.

Support a great cause and find all of your holiday gift-giving essentials.✱

THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118

Kiwanis Clubs:

Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869

Lions Clubs:

Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword CHAIN LINKS

- ACROSS**

1 Neaten (up)

7 Lab compounds

16 Terrific, slangily

20 Talented talker

21 Thinks up something

22 Witchy sorts

23 Furniture chain, literally

25 Prime draft classification

26 Many times, in verse

27 "What — I tell you?"

28 Bygone rival of Delta

29 Using an Rx, say

31 Restaurant chain, literally

37 Synchronize

40 One in sales, briefly

41 Big letters in fashion

42 Strong coat fabric

43 TV pioneer Jack

44 "— For" (1995 Nicole Kidman film)

46 Wildly

49 It carries a small charge

50 Dog chain, literally

56 Swivel about an axis

57 Tan shade

58 Baseball great Casey

61 Cry a river

64 "It's my turn to go"

66 Kipling's Rikki-tikki- —

68 "— pity" ("Alas")

69 Mountain chain, literally

76 Jewish month

77 Arouse

78 Skin opening

79 Beer belly, e.g.

80 It's not a pretty sight

84 Casts forth

87 Give a summons to

89 Food chain, literally

95 Native Coloradan

97 Pop's Stefani

98 Jeans giant

99 Nastase of tennis

100 — -Croatian (language)

102 "BTW" part

105 Gigi's refusal

106 NFL lineman

108 Island chain, literally

113 Pedal pusher

114 Badger

115 "It's so cold!"

116 OS computer

119 Stephen King's rabid dog

120 Watch chain, literally

126 Time period

127 Asbestos, e.g.

128 Sean Penn film

129 "Woe —!"

130 Celebrities of daytime dramas

131 Clear record holder
- DOWN**

1 Merely OK

2 U. lecturer

3 Finn's craft

4 Thespian Hagen

5 Police line

6 Otter relative

7 Tai —

8 Bit of a laugh

9 Legal rider?

10 Damon and Dillon

11 Somewhat

12 Cubans, e.g.

13 Sweetened drink

14 "Bad" Brown

15 Camille Saint- —

16 Lisa's role on "Friends"

17 Excessive display of distress

18 Way in the past

19 Org. with bag screeners

24 Curious

30 Large pike, for short

31 Copies a happy cat

32 Slangy ending for switch

33 Copy over, as a soundtrack

34 Offer a view

35 "Kapow!"

36 Deep desire

37 Android extra

38 T on a frat tee

39 Recess game

44 It's led by a Sec'y-General

45 Think piece

47 Postgrad degs.

48 Hitter Mel

51 Double- — (tourney type)

52 Arizona tribe

53 "I got — in Kalamazoo"

54 Impose, as a tax

55 Opposed to

59 Jacob's wombmate

60 Café au —

61 — -Ball

62 Unctuous

63 Certain fruity spread

65 Sleeping garb

67 Wee demon

70 Rick's love in a classic film

71 Kong's kin

72 — roast

73 Hocus- —

74 Author Leon

75 Actor Rogen

81 Like many hockey shots

82 Unvarnished

83 Dir. from L.A. to K.C.

85 Rocker Reznor

86 Revel in

88 Writer Jong

90 Echidna food

91 Lollobrigida of Hollywood

92 Type

93 .001 inch

94 Split second?

95 Kind of port for a PC

96 Servers in saucers

101 Flagship U.K. TV network

103 Ended a phone talk

104 In-box fillers

106 Like the Tatar language

107 To another continent

109 Hero shops

110 University of Maine's city

111 Strain at — (fuss pettily)

112 Hitting stat

116 Flat-topped hill

117 "What —!" ("Such fun!")

118 Attended

119 Hit CBS drama

121 Secret govt. group

122 Flight deck guess, briefly

123 University sisters' org.

124 Triage sites, for short

125 Ovid's 2,100

1	2	3	4	5	6		7	8	9	10	11	12	13	14	15		16	17	18	19
20							21										22			
23							24										25			
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108						109	110					111				112				
	113								114							115		116	117	118
119						120		121				122	123	124			125			
126						127											128			
129						130										131				

King Crossword

- ACROSS**

1 Like a snail

5 Biblical verb suffix

8 Venomous vipers

12 Swearing-in utterance

13 Extinct bird

14 Actress Perlman

15 Acolyte

17 Gruesome

18 More indigent

19 Runs off to wed

21 Soar

22 Croon

23 Possesses

26 Thither

28 Scratch-and- —

31 Canyon phenomenon

33 Scale member

35 Great Lake

36 Mail unit

38 Wrong (Pref.)

40 "Ben-Hur" author

41 Volition

43 Denials

45 Game with lettered cubes

47 Put into cipher

51 Met melody

52 G.I. of WW I

54 Bacterium

55 Hiatus

56 Telegram

57 One's performances

58 Speech hesitations

59 \$ dispensers

60 Father (Fr.)

61 Emulates Simon?

62 Depend (on)

63 Fleur-de- —

64 "— a real nowhere man"

65 Early life forms

66 Also

67 19th presi-

68 French forest region

69 2005 Steve Martin movie based on a novel he wrote

70 "Ben-Hur" author

71 Emulates Simon?

72 Depend (on)

73 Fleur-de- —

74 "— a real nowhere man"

75 Do something

76 Vegas troupe member

77 — de plume

78 "A pox on thee!"

79 A handful

80 Folding art

81 Police methods

82 Right angle

83 Composition

84 Sill

85 Unstressed vowel

86 Luggage

87 Sandwich cookie

88 Last write-up

89 Campus quarters

90 Spud's buds

91 Rowing need
- DOWN**

1 Cleanser

2 Composer

3 "Beetle Bailey" dog

4 Harbor structure

5 Early life forms

6 Also

7 19th presi-

8 French forest region

9 2005 Steve Martin movie based on a novel he wrote

10 "Ben-Hur" author

11 Emulates Simon?

12 Depend (on)

13 Fleur-de- —

14 "— a real nowhere man"

15 Do something

16 Vegas troupe member

17 — de plume

18 "A pox on thee!"

19 A handful

20 Folding art

21 Police methods

22 Right angle

23 Composition

24 Sill

25 Unstressed vowel

26 Luggage

27 Sandwich cookie

28 Last write-up

29 Campus quarters

30 Spud's buds

31 Rowing need

MAGIC MAZE ● SPORTS IDIOMS

Y S P M J G H E B Y V T Q O L
I G N U R D N E D B L H Y W T
R P K W M R K I I F L A D B Y
W U N (H O M E S T R E T C H) S
Q O O M K D L S E H B T I F D
B Z C X W A S G S Y G R U S Q
O N K L M J N D O I H I H F D
C A O D Y I W V N Y K C F T S
D N U O R Q P N A A A K N N L
K N T I B M A G Y I H K H U I
K F E C B L L A B Y A L P Z P

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- By a nose

End run

Gambit

Hands down
- Hat trick

Home stretch

Infighting

Kayo
- Kisser

Knockout

Play ball

Punchy
- Ringer

Round

Slam-dunk



"That idiot doctor of mine had to say I need
more _____ in front of
my wife!"
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Scold
BEATER
Spare
TAXER
Mean
DINES
Enough
CUFFIES

TODAY'S WORD

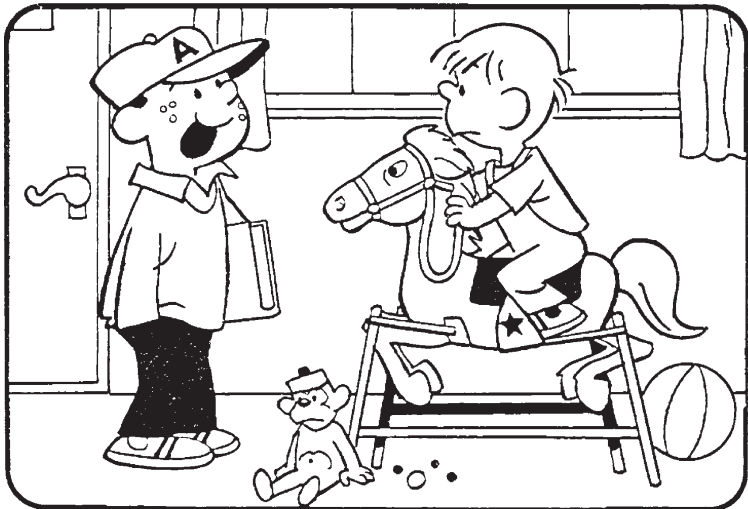
2			5			6		
	3				7			5
		1		6			7	
	7			2			4	9
		3	4			8		
5			9		1			2
		9		5			8	
8					3			7
	4		1			5		

SUDOKU

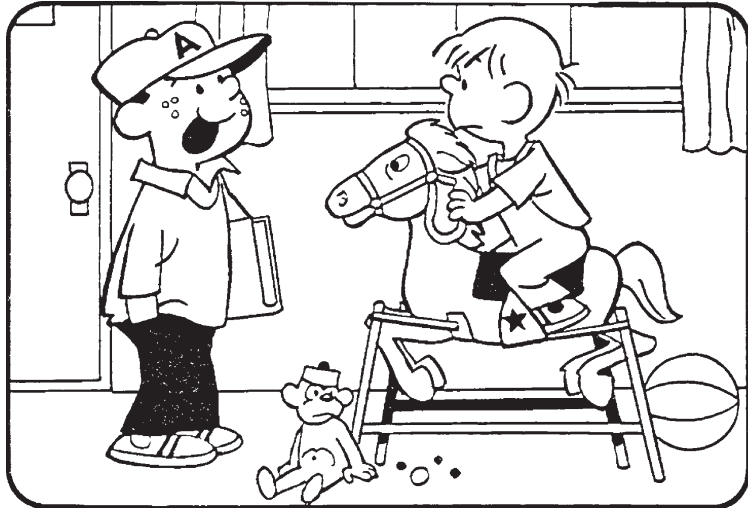
To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29

HOCUS-FOCUS



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Handle is different. 2. Sleeve is shorter. 3. Monkey's head is turned. 4. Rein is shorter. 5. Tail is smaller. 6. Ball is turned.

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Marinated Rock Shrimp Rice Salad

- 2 cups steamed rice
- ¼ cup green pepper, finely diced
- ¼ cup cucumber, chopped
- ¼ cup celery, diced
- ¼ cup red onion, diced
- 1 pound rock shrimp, cooked and peeled
- ½ cup Italian vinaigrette dressing
- 4 medium tomatoes
- Romaine lettuce, shredded

In a large bowl, combine all ingredients except tomatoes and lettuce. Toss to coat well with dressing; cover and chill for one hour or overnight. Core the tomatoes and cut into wedges from the top to within ½-inch from base of tomato to make a cup. Spoon shrimp rice salad into tomato centered on a bed of shredded lettuce. Serve with additional vinaigrette dressing.

Yield: four servings.**



Marinated Rock Shrimp Rice Salad

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"Wir Sprechen Deutsch"

FILM SOCIETY

Film Society of Southwest Florida

For movie lovers who appreciate all aspects of film.

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Second Monday of each month

President, Di Saggau
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PUZZLE ANSWERS

SUPER CROSSWORD

S	P	R	C	E	C	H	E	M	I	C	A	L	S	P	H	A	T
O	R	A	T	O	R	H	A	S	A	N	I	D	E	A	H	A	G
S	O	F	A	R	M	O	I	R	E	T	A	G	E	R	E	O	N
O	F	T	D	I	D	T	W	A	O	N	M	E	D	S			
		P	O	N	D	E	R	O	S	A	R	B	Y	S	U	B	W
A	T	T	U	N	E	R	E	P	Y	S	L			S	E	R	G
P	A	A	R		T	O	D	I	E		A	M	O	K	I	O	N
P	U	G	R	E	Y	H	O	U	N	D	A	L	M	A	T	I	A
		S	L	U	E		B	E	I	G	E		S	T	E	N	G
S	O	B		I	M	U	P		T	A	V	I		T	I	S	A
K	I	L	I	M	A	N	J	A	R	O	L	Y	M	P	U	S	I
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		B	A	N	A	N	A	S	P	A	R	A	G	U	S	H	R
U	T	E		G	W	E	N		L	E	V	I	S		I	L	I
S	E	R	B	O		T	H	E		N	O	N		T	A	C	K
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		C	Y	C	L	E	R		N	A	G		B	R	R		M
C	U	J	O		L	O	N	G	I	N	E	S	E	I	K	O	M
S	P	A	N		I	N	S	U	L	A	T	O	R		I	A	M
I	S	M	E		S	O	A	P	S	T	A	R	S		C	D	C

KING CROSSWORD

S	L	O	W		E	T	H		A	S	P	S
O	A	T	H		M	O	A		R	H	E	A
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		W	I	L	L		N	O	S			
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MAGIC MAZE

SPORTS IDIOMS												
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SUDOKU

4	7	8	6	1	5	3	9	2
5	9	1	2	3	4	8	7	6
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1	4	7	5	6	3	2	8	9
8	2	5	4	7	9	1	6	3
3	6	9	1	2	8	7	5	4
2	5	3	7	4	6	9	1	8
9	1	6	8	5	2	4	3	7
7	8	4	3	9	1	6	2	5

My Stars★★★★

FOR WEEK OF NOVEMBER 21, 2016

ARIES (March 21 to April 19) This is a good time to let that intrepid Aries temperament take charge. Your strong leadership will help settle those still-unresolved situations. Support comes from a surprising source.

TAURUS (April 20 to May 20) Your problem-solving talents shine as you move to cool down heated emotions. You also inspire trust in all parties when you act with careful consideration of their feelings.

GEMINI (May 21 to June 20) That long-delayed commitment begins to look better to you. But there's still a crucial fact or two you need to know about it. A health problem needs to be taken care of.

CANCER (June 21 to July 22) Don't waste time trying to learn why someone you relied on is wavering in his or her support of your stand on a workplace issue. Move on with the help of more steadfast allies.

LEO (July 23 to August 22) Relationships enter a brighter period, both at home and in the workplace. Prospects also look good for single Leos and Leonas, who can expect a welcome visit from Cupid.

VIRGO (August 23 to September 22) Those mixed signals that were complicating your life are giving way now to clear, definitive guidelines. This makes it easier for you to weigh your options and make decisions.

LIBRA (September 23 to October 22) Ask your partner for an explanation of what seems to be a sign of strain in your relationship. The sooner you understand the problem, the sooner you can both act to resolve it.

SCORPIO (October 23 to November 21) A new challenge in the workplace holds an exciting promise for the future. But be aware of the fact that you haven't been told about all the demands you might have to meet.

SAGITTARIUS (November 22 to December 21) Your financial picture brightens as you get into sorting out realistic goals and those that are not reachable at this time. "Caution" remains your fiscal watchword.

CAPRICORN (December 22 to January 19) You're deep into your new project, and that's just fine. But don't neglect your family

and friends. Spending time with people you care for is always a wise investment.

AQUARIUS (January 20 to February 18) Past feelings are suddenly reawakened. This could make you emotionally vulnerable. Be careful about decisions you might be asked to make at this time.

PISCES (February 19 to March 20) You've come to a place where you'll be facing important decisions that can affect your future. Rely on your strong moral compass to guide you toward making the right choices.

BORN THIS WEEK: You're gifted with both natural wisdom and wit -- a good combination for success as a writer or teacher and, most importantly, a parent.

THIS WEEK IN HISTORY

• On Nov. 23, 1859, the infamous Western outlaw known as "Billy the Kid" is born in a poor Irish neighborhood on New York City's East Side. Before he was shot dead at age 21, Billy reputedly killed 27 people in the American West.

• On Nov. 26, 1862, Oxford mathematician Charles Lutwidge Dodgson sends a handwritten manuscript called Alice's Adventures Under Ground to 10-year-old Alice Liddell. Dodgson, better known as Lewis Carroll, later published "Alice in Wonderland," one of the earliest children's books written simply to amuse children, not to teach them.

• On Nov. 24, 1944, more than 100 American B-29 Superfortress bombers target the Nakajima aircraft engine works in Tokyo. Bad weather proved an insurmountable obstacle at 30,000 feet, and fewer than 50 bombs hit the main target.

• On Nov. 22, 1963, John F. Kennedy, the 35th president of the United States, is assassinated while traveling through Dallas in an Lincoln convertible. Lee Harvey Oswald allegedly fired three shots from the sixth floor of the Texas School Book Depository Building.

• On Nov. 27, 1978, San Francisco leaders George Moscone and Harvey Milk are murdered by Dan White at City Hall in San Francisco. White pleaded a "diminished capacity" defense, claiming that copious amounts of junk food caused him to suffer mental problems. Thus the "Twinkie Defense" was born.

• On Nov. 21, 1980, some 350 million

people worldwide tune in to find out who shot J.R. in the primetime drama "Dallas." Full of schemes and moral excess, the long-running series revolved around the tale of two Texas oil families.

• On Nov. 25, 1999, The U.N. General Assembly passes a resolution designating Nov. 25 the International Day for the Elimination of Violence Against Women. It marked the anniversary of the brutal political murder of three sisters in 1960 in the Dominican Republic.

STRANGE BUT TRUE

• It was 19th-century British historian and politician Thomas Babington Macaulay who made the following sage observation: "The measure of a man's real character is what he would do if he knew he would never be found out."

• Until nylon came to the fore, the most popular material used on the business end of toothbrushes -- starting way back in 16th-century China -- was hog bristles.

• Among other artifacts, archaeologists found a bronze razor in King Tut's tomb. It was reportedly still sharp enough to use for shaving.

• Those who study such things claim to have found the best way to climb stairs: Evidently, you should exhale before you begin the ascent, inhale for the duration of the first two steps, exhale during the next two steps, and repeat until you've reached the top. Of course, it's interesting to note that what "best" means in this situation isn't clearly defined.

• According to pollsters, when divorced people take surveys, women are much more likely than men to report that they're happy about the breakup.

• The hyoid, found in your throat, is the only bone in the human body that is not connected to any other bone. Its purpose is to anchor the muscles of your tongue.

• There are 12 sovereign nations in South America, and Brazil shares a border with all but two of them: Chile and Ecuador.

THOUGHT FOR THE DAY

"It's good to have money and the things that money can buy, but it's good, too, to check up once in a while and make sure that you haven't lost the things that money can't buy." -- George H. Lorimer

SCRAMBLERS

solution

1. Berate; 2. Extra;
3. Snide; 4. Suffice

Today's Word
EXERCISE

TRIVIA TEST

1. History: Who was the first woman to be prime minister of the United Kingdom?
2. General Knowledge: What U.S. city's nickname is The Mile-High City?
3. Medical: What does the Greek suffix "-algia" refer to in medical terms?
4. Bible: Noah was the grandson of what biblical character?
5. Advertisements: Which fast-food restaurant chain urges patrons to "eat fresh"?
6. Music: Bebop is a style of what kind of music?
7. Movies: What was the name of the character played by Marilyn Monroe in "Some Like it Hot"?
8. Literature: What famous ghost story was penned by Henry James?
9. Transportation: What is the world's oldest airline still operating under its original name?
10. Legal: Witnesses who would prefer not to incriminate themselves might refuse to answer by citing which amendment to the U.S. Constitution?

TRIVIA ANSWERS

1. Margaret Thatcher
2. Denver
3. Pain
4. Methuselah
5. Subway
6. Jazz
7. "The Turn of the Screw"
8. Sugar Kane Kowalczyk
9. KLM
10. The Fifth

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

REAL ESTATE

GARCIA REAL ESTATE AND CONSULTING



RICHARD J. GARCIA, GRI, BROKER
239-472-5147

garciaonsanibel.com
Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.
*RS 4/29 CC TFN

COMMERCIAL RENTAL

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.
*RS 8/5 CC TFN

PRIME COMMERCIAL PERIWINKLE EXPOSURE

1633 Periwinkle Suite F and or G 1,300 sq ft @ \$1,600 a month including tax or will separate the 2 suites at \$800 a month including tax. Available November 1st. Call 239-898-4464
*RS 10/7 CC TFN

NEW STUDIO RENTAL

Studio or small 1 bedr. wanted by quiet 68 yr. semi-retired property owner & landlord himself, clean & physically fit. Pay rent or exchange for caretaking, lawn care, painting, carpentry, chores, etc. 7 yr. previous Sanibel resident & fishing club member. State lic. auctioneer & appraiser. 603-679-8101 charliereid@ttlc.net.
*NS 11/11 CC TFN

COMMERCIAL RENTAL

SANIBEL ISLAND HIGHLY VISIBLE FIRST FLOOR SPACE

2424 Palm Ridge Rd. formerly Wooster TV; 1,250 sq ft; 5 year lease; \$1,890/mo includes all common area maintenance Call John 239-472-6543
*NS 11/11 CC TFN

VACATION RENTAL

Island Vacations

Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277
*RS 1/4 BM TFN

LIGHTHOUSE REALTY

Paul J. Morris, Broker
VACATION RENTALS
PROPERTY MANAGEMENT & SALES
359 Periwinkle Way, Sanibel Island
239-579-0511
*RS 1/4 CC TFN

HOLIDAY RENTAL

Last minute availability
Christmas and Thanksgiving 2016
Charming 3/2 island cottage. Close to beach and island amenities. Mid island \$1,600. wk. Contact 2600coyle@gmail.com
*NS 11/18 CC 12/30

SEASONAL RENTAL

FANTASTIC 3 BDRM 3.5 BATH HOME

Fresh and newly remodeled; pool; boat dock; wifi; beautiful yard; near Sanctuary golf and Captiva. Call 817-300-9499
*NS 10/28 CC TFN

RE/MAX OF THE ISLANDS

Putting owners and tenants together
Call Ryan Block
www.remax-oftheislands.com
239-472-2311
*RS 1/23 BM TFN

'NEW' COTTAGE FOR RENT!

Buttonwood Lane
Darling beach cottage, 2BR/1BA, pool, 5 lots to the beach, fenced yard, pets allowed w/approval. Completely renovated/remodeled, private and very upscale! New to the market... BOOK NOW! Prefer multi-month renter! Email: info@baileysbeachcottage.com Website: baileysbeachcottage.com
*NS 10/14 CC TFN

SEASONAL RENTAL

COZY SECLUDED COTTAGE

5 minute walk to beach!
Old Florida charm with all new updates! 2BR/1.5BA, sleeps 6, separate exercise room, enclosed lanai with sleeper sofa, bright beachy décor, fully equipped kitchen, laundry room, private yard with mature palms, picnic table, BBQ. Fenced yard, pets with approval. Bikes, beach chairs, towels provided. Minimum one month--perfect for the season! Call Chris at 314-406-7058 or email cgbeckner@yahoo.com for pictures and details.
*NS 11/18 CC 12/9

AVAILABLE NOW SEASONAL COTTAGE

2bed/1ba Fully furnished
East End 900 sq ft W/D
Screened porch, BBQ,
Dec \$4,100 Jan \$5,600 Feb \$5,675
Better price if rented for more than 1 mo. Steps to beach
Owner PH: 727.644.6493
www.Sanibelseagrapecottage
*NS 11/18 CC 11/18

2 BR 2 BA GULF FRONT

Newly Decorated, W ELEVATOR, Covered Parking, COVETED WEST GULF LOCATION. AVAIL: JAN FEB MAR APR 2016! TELL YOUR SNOWBIRD FRIENDS! VRBO#776060 30 DAY MIN, PREFER 3-4 MONTH STAY. CALL FOR Rental Details 847-736-7790.
*NS 11/18 CC 12/2

ANNUAL RENTAL

ANNUAL RENTALS

SANIBEL

Ground Level, 3/2 UF, Clean, Freshly painted, minutes to Beach. Call to view. \$2,000/mo.

FT. MYERS

Gated condo. complex, this Clean 2nd floor, Lake Front 2/2 UF Gorgeous shape. Close to Beaches. \$1,350/mo.



472-6747

Gulf Beach Properties, Inc.
Helping People Become Islanders for over 35 years!
The Island Experience!
*RS 11/4 BM TFN

ISLAND COTTAGE

Charming 3/2 island cottage renting for 2017 Mid island close to beaches and island amenities. Jan- May \$4,000 monthly June-Oct \$1,800 monthly Contact 2600coyle@gmail.com
*NS 11/18 CC 5/26



RENTAL WANTED

YOUNG PROFESSIONALS SEEKING ROOM-4-RENT

IDEAL PLACE:

Ideally on Sanibel or Captiva. Room for rent or small place (attached cottage or mother-in-law area) or a 2nd home where you are in and out and don't want a full-time all the time tenant - that would be me. Place doesn't have to be furnished. Smoke Free, drug free, drama free environment

ABOUT ME

34yrs old married male professional. Consultant by trade, beginning a long term project on Sanibel and will likely travel frequently. I live in Tampa Bay area. The place will be just for me - only 1 person. I could provide great references! Because of the nature of my work, I have found a similar housing situations in other cities around the country. I'm pretty flexible, providing it's a clean, non-smoking environment. I'm typically working 10 - 12 hour days and showing up Monday evening, and leaving Thursday or Friday a.m.
Contact number 813-442-1610
*NS 11/18 CC 11/25

LOAN NEEDED

LOAN NEEDED

Looking for private investor loan to consolidate personal debt. I live on Sanibel and can offer second mortgage on my home. Amount needed is \$150,000. This will payoff existing debt. Please respond to sanibelforme@hotmail.com
*NS 7/22 CC TFN

SERVICES OFFERED

CAR WASH & WAX BY HAND

Sanibel & Captiva Islands. Exterior & Interior Cleaning. Tire Dressing. I come to your Home, Condo or Hotel. Reasonable Rates. Satisfaction Guaranteed. 239-284-3639.
*NS 11/18 CC 11/25

\$99-JOIN IN THE CRAZE

3 Hrs. of Jazz/Easy Listening for your Office/Private Party, Special Event, Real Estate Open House, etc. A relaxing, fun form of entertainment at an affordable price. Call: Bonnie G 518-796-4239
*NS 10/21 CC TFN

HOLISTIC HOME CLEANING

Optimize your health and home Utilizing hydrogen peroxide, fresh citrus, soda and Suds. Sonya @ 239-246-7007.
*RS 9/30 CC TFN

ROGER NODRUFF ELECTRIC

Lic# EC12002788. Call Roger 239-707-7203. Aqualink - Motor Controls. Office & Store Maint.
*RS 6/7 CC TFN

SERVICES OFFERED

ENVIROMOW OF LEE COUNTY

Complete Landscaping Services & Weekly Lawn Service
Mention this add to receive 10% off your Mulch Installation or Landscaping Project. Plus special pricing for monthly service. Call today for a FREE estimate: 239-896-6789. Locally owned & operated.
*NS 10/14 CC TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com
*RS 1/25 BM TFN

POOL & SPA SERVICES

Aqua Smart Pool & Spa Services, Inc. 772-1955 Servicing Residential & Commercial Pools! * Weekly Maintenance Service License & Insured
*NS 5/20 CC TFN

SANIBEL HOME WATCH SERVICES

Will Check Your Home Weekly/Biweekly Very Reasonable Rates Licensed - Insured - Bonded 239-322-8054 Sanibelhw@gmail.com
*NS 9/16 CC TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction Sanibel & Captiva • 239-565-0471 Sanibel Lic. #11412 Lee Co. Lic. #051047
*NS 1/4 PC TFN

HELP WANTED

HELP WANTED/FULL TIME

Jason Gamache Landscaping Call 239-849-0853 or Email Jason at jasongamache@yahoo.com Starting pay \$12.50 - \$15. per hour Depending on exp. & Drivers Lic.
*NS 11/4 CC 11/25

BEAUTY SALON

Help wanted again, Stylist/Nail tech for upcoming busy season, email sanbeautys@aol.com for more information
*NS 11/11 CC TFN

SANIBEL HOME FURNISHINGS

Sanibel Home Furnishings seeks an energetic, personable sales associate. Responsibilities begin with welcoming our customers, making them feel comfortable and "At Home" and determining their needs. Furniture and accessory sales experience a plus. Flexible work schedule. Email your resume to mysanibelresume@gmail.com
*NS 11/11 CC 11/25

HELP WANTED

HELP WANTED

All around person for small Captiva Resort. Duties will include Front Desk Customer Service and also working outside in marina operations. Pleas call 470-5386
*NS 11/11 CC TFN

HELP WANTED

Live on the Island and looking for PT work 2-3 days per week. Flexible schedule. Call 472-4886.
*NS 11/18 BM TFN

JERRY'S FOODS
SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way
*NS 5/6 BM TFN

FOR SALE

GOD BLESS AMERICA

Lydia and Paul Cook want to THANK SANIBEL FOR 11 GREAT YEARS! PERIWINKLE WAY AUCTION & CONSIGNMENT is now online at www.SanibelConsignment.com under www.EBTH.com Get auction prices on all antiques, sealife jewelry, nautical items. Ikki Matsumoto island themed prints & Sanibel seashells. God Bless American & our loyal friends!
*NS 11/18 CC TFN

OUTDOOR FURNITURE

LLOYD FLANDERS White wicker 6-piece outdoor furniture set Four chairs, one 36" table, one 10" table OUTSTANDING condition. Original cost \$4,000; selling for \$1,400
*NS 11/11 CC 11/18

SALES

ESTATE MOVING SALE

Antiques, oriental rugs, limited edition Ikki Matsumoto engravings, white wicker furniture, oil paintings, hard cover nautical quarterly (1980s - 1990s), leather bound books, nice household and more. Nov. 18-19 10 a.m. - 3 p.m. The Dunes 975 Sand Castle Road Cash or checks only
*NS 11/18 CC 11/18

DOCKAGE

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800
*RS 1/4 NC TFN

HOBIE ODYSSEY

Hobie Odyssey 2-person kayak, 14 ft., Golden Papaya, deluxe seats and 2 life vests. Used twice, like new. Rooftop pad and straps included. \$1,600 package new. Make reasonable offer. 239-210-8488.
*NS 11/11 CC 11/18

Riverwatch Recruiting Volunteers

Caloosahatchee Riverwatch is seeking volunteers to assist with monitoring waters in Estero Bay, Pine Island Sound, Matlacha Pass, Charlotte Harbor, the Caloosahatchee River and Lake Okeechobee.

There will be a volunteer recruitment meeting from 9 to 10:30 a.m. on November 19 at the Fort Myers Regional Library at 2450 First Street in Fort Myers, Room AB in the South Building.

Volunteers will become part of a regional network of on-the-water observers coordinated through the Waterkeeper Alliance Affiliate. Each volunteer will be tasked with getting to know the people, businesses and waters of their assigned areas. Volunteers learn about water regulations and will be trained to monitor various water quality parameters, identify illicit discharges, report fish kills and algae blooms, and map important observations of water conditions.

These activities will contribute to a quick response and a regional network aimed at protecting the waters of Southwest Florida.

Call John at 633-7274 or email at Riverwatch@caloosahatchee.org to RSVP or for additional information. Learn more by visiting www.crca.caloosahatchee.org.



Join the Riverwatch board and learn how to observe and test the water, taught by Waterkeeper John Cassani photo courtesy Caloosahatchee Riverwatch

HORTOONS



To advertise in *The River Weekly News* Call 395-1213

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Banyan Cove	Estero	2002	3,519	\$1,225,000	\$1,150,000	29
Grande Estates	Estero	2004	4,991	\$899,900	\$829,350	126
West Rocks	Sanibel	1977	1,873	\$899,000	\$825,000	7
Cape Harbour	Cape Coral	1999	2,685	\$879,000	\$815,000	97
Summerfield	Bonita Springs	1999	2,635	\$859,000	\$797,000	193
Monteverdi	Fort Myers	2005	4,166	\$799,900	\$760,000	251
Sanctuary Point	Fort Myers	2004	3,508	\$712,900	\$703,400	8
Sanibel Estates	Sanibel	1985	2,386	\$699,000	\$650,000	286
Dunes at Sanibel Island	Sanibel	1979	1,990	\$679,000	\$617,500	228
Cape Coral	Cape Coral	2005	2,409	\$649,990	\$598,000	75

Savings Like This Happen Only Once a Year

Just Imagine, 20% Off our already discounted prices! Come to Shopper Services at Sanibel Outlets and mention this ad for an additional 20% Off Your Favorite Designers. Hurry, these offers are only good until November 20th!

SANIBEL OUTLETS
FORMERLY TANGER OUTLETS

A WINDFALL OF EXTRA SAVINGS FROM YOUR FAVORITE BRANDS!

SANIBEL OUTLETS
20% OFF
ANY SINGLE ITEM

PLEASE ENTER YOUR ZIP CODE

This coupon is valid for one time use on a single item in any one of Sanibel Outlet's participating stores listed on the reverse side. Limit one coupon per customer, per store, per day. Cannot be combined with other offers and may not be valid on clearance merchandise. Not valid for gift card purchases or on previous purchases. Original coupon must be presented at the time of purchase. Some exclusions may apply, see store for details. Offer expires 11/20/16

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SANIBEL OUTLETS

2 miles before the Sanibel Causeway • 5 miles from Ft Myers Beach • 20 minutes off I-75
20350 Summerlin Rd. • SanibelOutlets.com • Mon-Sat 9-9; Sun 10-6